

The Day After

Count: 32

Wand: 4

Ebene: Low Intermediate

Choreograf/in: Marc Mitchell (CAN) - November 2024

Musik: Mañana de Carnaval (Manha do Carnaval) - Luis Miguel



Intro: 16 counts after instrumental

Direction: CCW

RUMBA LEFT BACK, RIGHT SIDE MAMBO, STEP LEFT BACK, RIGHT SIDE 1/4 TURN RIGHT, CROSS LEFT OVER RIGHT, RIGHT SIDE ROCK, RECOVER, CROSS RIGHT OVER

- 1&2 Step left to side, step right together, step left back
- 3&4 Step right to side, recover left, step right together
- 5&6 Step left back, step right side 1/4 turn to right, cross left over right
- 7&8 Step right to side, recover left, cross right over left

RUMBA LEFT FORWARD, STEP RIGHT BACK 1/2 TURN LEFT, STEP LEFT BACK, STEP RIGHT BACK, TOUCH LEFT FORWARD, FORWARD PRISSY STEPS, SWEEP & STEP RIGHT FORWARD, RECOVER LEFT, STEP RIGHT 1/4 TURN RIGHT, CROSS LEFT OVER

- 1&2 Step left to side, step right together, step left forward
- 3&4& Step right back 1/2 turn left, step left back, step right back, touch left forward
- 5&6 Step left forward slightly over right, step right slightly over left, step left slightly over right
- 7&8& Sweep right forward and step, recover left, step right to side 1/4 turn right, cross left over right

STEP RIGHT SIDE, LEFT BEHIND, SWEEP RIGHT BACK, STEP RIGHT BEHIND, SIDE, CROSS, SWAY L-R-L, 1/2 SPOT TURN RIGHT R-L-R

- 1&2 Step right to side, step left behind, sweep right back for 1 count
- 3&4 Step right behind, step left to side, cross right over left
- 5&6 Sway hips left, right, left
- 7&8 In place, turn right 1/2 turn: right, left, right on ball

TOUCH LEFT FORWARD DIAGONAL, HOOK LEFT, STEP LEFT FORWARD DIAGONAL, SKATE R-L, DIAMOND FALLAWAY RIGHT 1/4 TURN, STEP RIGHT SIDE

- 1&2 Touch left forward slight diagonal, hook left over right, step left forward slight diagonal
- 3-4 Step right forward diagonal, step left forward diagonal
- 5&6 Step right forward while starting 1/8 turn right, left to side, step right back
- 7&8& Step left back while starting 1/8 turn right, step right to side, step left forward, step right to right side (Recover left for count 1)

***ENDING: Wall 9, facing 12.00, after dancing 24 count tag, fade out with attitude!**

***TAG: 24 count danced as a waltz 1-2-3, 4-5-6. Starts at the end of wall 8, you'll be facing 12.00 for a perfect finish:**

DO NOT RECOVER ON LEFT, TWINKLE INSTEAD Right-Left-Right-Left, BALANCE Forward-Back-Forward-Back

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