

# The Buzz

Count: 32

Wand: 4

Ebene: Absolute Beginner

Choreograf/in: Helaine Norman (USA) - November 2024

Musik: Ain't In Kansas Anymore - Miranda Lambert



**INTRO: 32**

No tags or restarts

## I. HEEL TOE HEEL, HITCH; STEP TOGETHER STEP TOUCH

1-4 Touch R heel forward, touch R toes back, touch R heel forward, hitch R

5-8 Step R side, step L together, step R side, touch L together

### Optional for 1-4: HEEL SWITCH X4:

1-4 Touch R heel forward, step R together, touch L heel forward, step L together

## II. HEEL TOE HEEL, HITCH; STEP TOGETHER STEP TOUCH

1-4 Touch L Heel forward, touch L toes back, touch L heel forward, hitch L

5-8 Step L side, step R together, step L side, touch R together

### Optional for 1-4: HEEL SWITCH X4:

1-4 Touch L heel forward, step L together, touch R heel forward, step R together

## III. ROCKING CHAIR; 1/8 L-TURN X2

1-4 Rock R forward, recover to L, rock R back, recover to L

5-6 Step R forward making 1/8 turn left, weight to L

7-8 Step R forward making 1/8 turn left, weight to L (9:00)

## IV. K-STEP

1-4 Step R forward to right diagonal, touch L together, return L to center, touch R together

5-8 Step R back to right diagonal, touch L together, return L to center, touch R together

**REPEAT**

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