She's OK



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Alexis Eyler (USA) - November 2024

Musik: Am I Okay? - Megan Moroney



Intro is 32 counts; dance starts where lyrics start.

**1 Restart after 16 counts on wall 5.

Note: Weight should stay on left foot after kickball change for restart.**

[1-8] ROCK, COASTER, PIVOT X2

1	Rock forward with right foot
2	Recover back with left foot

Right coaster step (back with right, together with left, forward with right)

5-6 Step with left, half pivot over right shoulder7-8 Step with left, half pivot over right shoulder

[9-16] STEP LOCK STEP, PIVOT, KICKBALL CHANGE

9 Step diagonal left

10 Lock right foot behind left foot

11 Step diagonal left

Half pivot over left shoulder

13-14 Step 2x in place (left then right)

15&16 Left kickball change (kick left, step down left, step down right)

[17-24] WALK X3 AND CROSS, BOUNCING UNWIND, COASTER

17-19 Walk left right left

Step right, cross left in front of right (and cross)Unwind half over right shoulder while bouncing twice

23&24 Right coaster step (back with right, together with left, forward with right)

[25-32] WALK X3, FLICK, WALK AROUND

25-27 Walk left right left

28 Flick right foot out to side

29-32 Walk around ¾ turn over left shoulder

Restart Dance from top

Last Update - 1 Nov 2024