

# Heljens Polka

**COPPER** **KNOB**  
BY STEPHEN

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Brigitte Denné (DE) - October 2024

Musik: Jubiläumspolka - Alpensound



**Intro: 8 Counts, Start at approx 4 secs**

**Sec. 1 Side Shuffle, Back Rock, Side Shuffle, Back Rock,**

1&2 Step right to right, step left beside right, step right to right,  
3-4 Rock left back, recover weight on to right,  
5&6 Step left to left, step right beside left, step left to left,  
7-8 Rock right back, recover weight on to left,

**Sec. 2 Kick Ball Change x2, Rock forward, Coaster Step,**

1&2 Kick right fwd., step right beside left, step left fwd.,  
3&4 Kick right fwd., step right beside left, step left fwd.,  
5-6 Rock right fwd., recover weight on to left,  
7&8 Step right back, step left beside right, step right fwd.,

**Sec. 3 Step 1/4 Pivot, Cross shuffle, Side rock, Weave**

1-2 Step left fwd., pivot 1/4 right transferring weight on to right, (3:00)  
3&4 Cross left over right, step right beside left, cross left over right,  
5-6 Rock right to right, recover weight on to left,  
7&8 Step right behind left, step left to left, cross right over left,

**Sec. 4 Step Point, Step point, Jazzbox Touch**

1-2 Step left fwd., point right to right,  
3-4 Step right fwd., point left to left,  
5-6 Cross left over right, step right back,  
7-8 Step left to left, touch right beside left.

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