

Take My Heart

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Roger Neff (USA) - October 2024

Musik: Take My Heart - Chris Isaak



Intro: 16 counts - No tags or restarts

[1-8] Side Shuffle to R with body slightly angled to L, Kick-Ball-Cross, Side Shuffle to L with body slightly angled to R, Kick-Ball-Cross

1&2,3&4 Step to R, Close L, Step to R, Kick LF diagonally L fwd, Recover on LF, Step RF over LF

5&6,7&8 Step to L, Close R, Step to L, Kick RF diagonally R fwd, Recover on RF, Step LF over RF

[9-16] Box Step: Side Together Forward, Side Together, Back, Walk Back R, L, R Coaster Cross

1&2,3&4 Step to R, Close LF, Step fwd on RF, Step to L, Close RF, Step back on LF

5-6-7&8 Step back on RF, Step back on LF, Step back on RF, Close LF, Step RF over L

[17-24] Shuffle to L with body slightly angled to R, Kick-Ball-Cross, Shuffle to R with body slightly angled to L, Kick-Ball-Cross

1&2,3&4 Step to L, Close R, Step to L, Kick RF diagonally R fwd, Recover on R, Step LF over RF

5&6,7&8 Step to R, Close L, Step to R, Kick LF diagonally L fwd, Recover on L, Step RF over LF

[25-32] Shuffle to L, Turn ¼ to R and Shuffle to R, Step L over R, Sailor Step

1&2,3&4 Step to L, Close RF, Step to L, Turn ¼ R and Step to R, Close LF, Step To R

5-6,7&8 Step LF over RF, Step to R, Step back on LF slightly behind RF, Close RF, Step fwd on LF

[33-40] R R and L Lock Steps Forward, Rock Forward, Recover, R Coaster Step

1&2,3&4 Step fwd on RF, Lock LF, Step fwd on RF, Step fwd on LF, Lock RF, Step fwd on LF

5-6,7&8 Rock fwd on RF, Recover on LF, Step back on RF, Close LF, Step fwd on RF

[41-48] Rock Forward on L, Recover, Coaster Step, Walk R, L, R, L with ¼ turn to L on count 8

1-2,3&4 Rock fwd on LF, Recover on RF, Step back on LF, Close RF, Step fwd on LF

5-6-7-8 Walk fwd R, L, R, Turn ¼ to L and step on LF

[49-56] Shuffle to R, Turn ¼ to L and Shuffle to L, Turn ¼ to L and Shuffle to R, Behind- Side-Cross

1&2,3&4 Step to R, Close LF, Step to R, ¼ L turn onto LF, Close RF, Step to L

5&6,7&8 Turn ¼ L, Step to R, Close LF, Step to R, Step L behind R, Step to R, Step RF over LF

[57-64] Side Rock to R, Recover, Cross Shuffle to L, Side Rock to L, Recover, Cross Shuffle to R

1-2, 3&4 Rock to R, Recover on LF, Step RF over LF, Step to L, Step RF over LF

5-6,7&8 Rock to L, Recover on RF, Step LF over RF, Step to R, Step LF over RF

Contact Roger at: lingofun@sbcglobal.net