# APT (zh)



Count: 96 Wand: 4 Ebene: Phrased High Improver

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Musik: APT. - ROSÉ & Bruno Mars



### \*1 Restart (3W after 48c)

SEQ: ABC ABC AB restart ABC AB

Start: after game start!!

#### Α

[1-8] kick weave(R-L-R),hip bump,buggy step(R-L-R-L), 1/4 paddle turn 2time(6:00) cross rock-recover-side(R, L), RF fwd rock-recover L back triple, (R ½-R½)RF-LF, R back rock-recover, R fwd triple

- 1 RF kick(back diagonal)
- 2 RF back,
- 3 LF side,
- 4 RF cross over LF,
- 5 LF kick(back diagonal)
- 6 LF back,
- 7 RF side,
- 8 LF cross over RF

### [9~16]

- 1 RF kick,(back diagonal)
- 2 RF back,
- 3 LF side,
- 4 RF cross over LF
- 5 LF tap left side weight on R hip
- 6 hold
- & weight move on left side
- 7 hip bump
- & weight move on LF
- 8 hip bump
- & weight move on LF

### [17~24]

1	RF forward, with swivel
2	LF forward, with swivel
3	RF forward, with swivel
4	LF forward with swivel

- 5 RF forward
- 6 1/4 turn to left(weight move on LF)
- 7 RF forward
- 8 1/4 turn to left(weight move on LF)

### [25~32]

-	-				
1		RF cross	rock,	2 LF	recover

3	RF side to right
4	LF cross rock
5	RF recover
6	LF side to left
7	RF cross rock

В

back triple chasse 2times 1/2 turn right 2time (6:00) backrock,recover, forward triple chasse 2time, 1/2 turn right 2time (6:00) forward rock,recover kick ballchange 2times

buggy step(R-L-R-L) fwd rock recover 1/2triple chasse turn to right 2times(6:00) backrock,recover [33~40]

1	RF backward
&	LF next to RF
2	RF backward
3	LF backwaed
&	RF next to LF
4	LF backward

5 RF backward 1/2 turn right (12:00) 6 LF Forward 1/2 turn right (6:00)

7 RF backrock8 LF recover

## [41~48]

1 RF forward
& LF next to RF
2 RF forward
3 LF forward
& RF next to LF
4 LF forward

5 RF Forward 1/2 turn right (12:00) 6 LF backward 1/2 turn right (6:00)

7 RF forward rock8 LF recover

## [49~56]

1 RF kick front
& RF next to LF
2 LF in place
3 RF kick front
& RF next to LF
4 LF in place

5 RF forward swivel 6 LF forward swivel 7 RF forward swivel 8 LF forward swivel

### [57~64]

1 RF forwaed rock2 LF recover

3 RF 1/4 turn to right(9:00)

& LF next to right

4 RF 1/4 turn to right(12:00) 5 LF 1/4 turn to right(3:00)

& RF next to right

6 LF 1/4 turn to right(6:00)

7 RF back rock8 LF recover

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twist(R,L) 1/4 turn left twist(R,L) backrock recover, triple chasse (R,L) backrock recocer, stomp(R,L) swivet
(R,L)
[65~72]
                 twist hill to right (RF,LF together)
1
2
                 twist toe to right (RF,LF together)
3
                 twist hill to right (RF,LF together)
4
                 hold
5
                 twist hill to left (RF,LF together)
6
                 twist toe to left (RF,LF together)
7
                 twist hill to left (RF,LF together)
8
                 hold
[73~80]
                 1/4 turn (3:00)twist hill to right (RF,LF together)
1
2
                 twist toe to right (RF,LF together)
                 twist hill to right (RF,LF together)
3
4
                 hold
5
                 twist hill to left (RF,LF together)
6
                 twist toe to left (RF,LF together)
7
                 twist hill to left (RF,LF together)
8
                 hold
[81~88]
1
                 RF back rock
2
                 LF recover( step in place /weight on LF)
3
                 RF side to right
&
                 LF next to RF
4
                 RF side to right
5
                 LF back rock
6
                 RF recover( step in place /weight on RF)
7
                 LF side to right
&
                 RF next to RF
7
                 LF side to right
[89~96]
1
                 RF back rock
2
                 LF recover( step in place /weight on LF)
3
                 RF stomp side to right
4
                 LF stomp in place
5
                 swivet together (RF hill /LF ball)
6
                 step together in place
7
                 swivet together (LF hill /RF ball)
8
                 step together in place
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### Last Update - 13 Nov. 2024 - R1