

# Rock Bottom

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Gudrun Bachner (AUT) - June 2024

Musik: Rock Bottom Blues - Kid Rock



**Intro: 32 Counts - Tags: 0 Restarts: 2**

**[S1] Step, Touch + Snap – 4x**

- 1-2 Step RF diagonally right forward, touch LF beside RF and snap
- 3-4 Step LF diagonally left forward, touch RF beside LF and snap
- 5-8 Repeat 1 to 4

**[S2] Back, Kick + Clap – 4x**

- 1-2 Step RF back, kick LF forward and clap
- 3-4 Step LF back, kick RF forward and clap
- 5-8 Repeat 1 to 4

**RESTART: in wall 4 (9:00h) and wall 8 (6:00h)**

**[S3] Side, Flick, Side, Touch, V-Step**

- 1-2 Step RF to the right, flick LF behind left leg (or for absolute beginners: touch LF beside RF),  
**optional: clap on both hips**
- 3-4 Step LF to the left, touch RF beside RF and snap or clap
- 5-6 Step RF diagonally forward, step LF to the left
- 7-8 Step RF back to the middle, close LF beside RF

**[S4] Heel Switches – 2x, ¼ turn R, Heel Switchrs - 2x**

- 1-2 Touch right heel diagonally right forward, RF close beside LF
- 3-4 Touch left heel diagonally left forward, LF close beside RF
- 5-6 Turn ¼ right, touch right heel diagonally right forward, RF close beside LF = 3:00 h
- 7-8 Touch left heel diagonally left forward, LF close beside RF

**Last Update: 16 Oct 2024**