

This Valley

Count: 32

Wand: 2

Ebene: Improver / Intermediate

Choreograf/in: Sandra Moschel (FR) - 3 October 2024

Musik: This Valley - Calamity Jane



~1 Tag - 2 Restarts

[1-8] Side step - Together - Shuffle fwd (R and L)

1-2 RF to the right - LF next to RF
3&4 RF forward - LF next to RF - RF forward
5-6 LF to the left - LF next to RF
7&8 LF forward - LF next to RF - LF forward

[9-16] Step fwd 1/4 turn (L) - Cross - 1/4 turn (2X) (R) Cross- Side rock- Behind side cross

1&2 RF forward - 1/4 turn to the left - Cross RF in front of LF
3&4 1/4 turn turn right Left step back - 1/4 turn to right RF to right - Cross left over RF
5-6 RF to right with support - Return support on LF
7&8 RF behind left - LF to left - Cross right over LF

[17-24] Side rock - Cross shuffle - Side step – Touch Kick ball cross

1-2 Left to left with support - Return support on RF
3&4 Cross left over RF (2X)
5-6 RF to right - Touch left next to RF
7&8 Kick ball cross

[25-32] Grind 1/4 turn (L) - Coaster step - Step fwd 1/2 turn (L) - Heel (R and L)

1-2 Grind 1/4 turn to left
3&4 Left step back - RF next to LF - LF forward *
5-6 RF forward - 1/2 turn to left
7&8& RF heel forward - PD next to LF - LF heel forward - LF next to PD

*Restarts: On walls 3 after the coaster step of the 4th section - Wall 7 after the Tag

Tag: On wall 7 - On counts 3&4 of the 2nd section do a triple step 1/4 turn to the left

3&4 LF to the left - PD next to LF - 1/4 turn to the left - LF forward

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Panneaux latéraux

Historique

Enregistrées