

# Eat You Up

**COPPER KNOB**  
BY STEPHEN

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Emily-Rose Winkworth (NZ) - 26 June 2024

Musik: LUNCH - Billie Eilish : (Album: Hit Me Hard and Soft)



Start dance on count 8

## Section 1-SIDE BEHIND, ROCK RECOVER, JAZZ BOX QUARTER TURN RIGHT SIDE SHUFFLE

- 1,2 Step RF to right side, Step LF behind right
- 3,4 Rock out to right side on RF and recover on to LF.
- 5,6, Cross right over left, step back ¼ turn right stepping back on LF
- 7&8 Stepping right to side LF together with RF right foot to the side

## Section 2- LEFT SIDE SHUFFLE, ROCK RECOVER, SIDE BEHIND, QUARTER SHUFFLE

- 1&2 Step LF to left side, step together with RF step LF to the left side.
- 3,4 Rock back on RF and recover on to LF.
- 5,6 Step RF to right side, Step LF behind right
- 7&8 Turning ¼ turn right Shuffling R, L, R

## SECTION 3 - LEFT HEEL GRIND, QUARTER TURN, ROCK BACK, RECOVER, ROCKING CHAIR

- 1,2 Step forward on LF grinding heel a quarter turn left.
- 3,4 Rock back on LF foot, recover on to RF.
- 5,6,7,8 Rock forward on LF, recover weight back on RF, Rock back on LF, Recover weight forward on Right.

## Section 4- LEFT SAMBA, RIGHT SAMBA HEEL AND TAP OUT, OUT TAP

- 1&2 cross LF over RF step RF to the right side, step LF in place
- 3&4 cross RF over LF step LF to the left side, step RF in place
- 5&6& step LF heel forward then together with RF, tapping RF beside LF, step RF out to right side
- 7,8 step LF out to left side touching right beside left.

Enjoy the dance.

Submitted by: Phoenix Adamson - Email: phoenix\_adamson09@hotmail.com

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