

# Thick and Thin

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Yeni Laritza (INA) - September 2024

Musik: Thick and Thin - Faouzia



Intro 8 count

Tag 4 C after Wall 3

**\*SEC 1 BASIC NC - SLIDE DRAG - CROSS BEHIND - FORWARD SWEEP - 1/4 TURN RIGHT - SWEEP BACK\***

1 2& Step R to side, L slightly behind R, R cross over L  
3 4& Step L slide drag to side, R cross behind L, L to side  
5 6& Step R forward L Sweep from back to front, cross L over R, R to side  
7 8& Step L back 1/4 turn to Right R sweep from front to back (3:00), R cross behind L, L to side

**\*SEC 2 CROSS ROCK - RECOVER R L - FORWARD - CHASE TURN RIGHT - FULL TURN LEFT\***

1 2& Step rock R over L, recover on L, R to side  
3 4& Step rock L over R, recover on R, L to side  
5 6& Step R forward, L forward, 1/2 turn right step R in place  
7 8& Step L forward 1/2 turn Left step R back, 1/2 turn Left, L forward (9:00)

**\*SEC 3 FORWARD HITCH L- STEP BACK - HITCH R - STEP BACK - HITCH L - STEP BACK - SIDE - SLIDE DRAG - CYNCOATED WEAVE\***

&1 &2 Step R forward, hitch L(knee out make figure 4), L back start hitch , R hitch  
&3 &4 Step R back start hitch, L hitch , L back start hitch, R beside L  
5 6& Step L slide drag to side, cross R behind L, L to side  
7& 8& Step R cross over L, L to side, R cross behind L, L close beside R

**\*SEC 4 ROCK FORWARD - RECOVER RL - UNWIND 1/2 TO LEFT - WALL RL\***

1 2& Step R rock forward, recover on L, R close beside L  
3 4& Step L rock forward, recover on R, L close beside R  
5 6 Step cross touch over L, make on 1/2turn to Left(3:00)  
7 8 Step R forward, L forward

**\*TAG SIDE - SWAY - TOUCH\***

1 2 Step R to side with sway to right, sway to left  
3 4& Sway to right, sway to left, touch R beside L

Dancing with heart

Email [yenilaritza00@gmail.com](mailto:yenilaritza00@gmail.com)