

# From Both Sides

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Ayu Permana (INA) - August 2024

Musik: From Both Sides - Dana Winner



**Intro: 16 counts - 2 Restarts - No Tag**

## **SECTION 1. SIDE - BACK ROCK - CHASSE - CROSS ROCK - SAILOR 1/4 TURN LEFT (09.00)**

1-2-3 Step L to side - Step rock R backward - Recover on L  
4&5 Step R to side - Step L close to R - Step R to side  
6-7 Cross rock L over R - Recover on R  
8&1 Sweep L from front to back, making 1/4 turn left, and step L behind R (9.00) - Step R to side - Step L to side

## **SECTION 2. CROSS ROCK - CHASSE - CROSS ROCK - CHASSE 1/4 TURN LEFT (06.00)**

2-3 Cross rock R over L - Recover on L  
4&5 Step R to side - Step L close to R - Step R to side  
6-7 Cross rock L over R - Recover on R  
8&1 Step L to side - Step R close to L - Turn 1/4 left, step L forward

## **SECTION 3. PIVOT 1/4 TURN - CROSS SHUFFLE - SIDE ROCK - GRAPEVINE (03.00)**

2-3 Step R forward - Turn 1/4 left, step on L (3.00)  
4 Cross R over L

**\*\*Restart here on walls 4 and 8**

**\*\*Finish the dance here on wall 12**

&5 Step L to side - Cross R over L  
6-7 Step rock L to side - Recover on R  
8&1 Step L behind R - Step R to side - Step L forward

## **SECTION 4. FORWARD ROCK - BACK SHUFFLE - ROCK BACK - FORWARD - POINT (03.00)**

2-3 Step rock R forward - Recover on L  
4&5 Step R backward - Step L close to R - Step R backward  
6-7-8 Step rock L backward - Step R forward - Touch L toe next to R

**REPEAT**

**RESTARTS:**

On walls 4 and 8 after dancing for 20 counts (Section 3, count 4) - both facing 12.00 - then restart the new walls from the beginning

**ENDING:**

On wall 12 after dancing for 20 counts, (Section 3, count 4) - for nice ending, step L to side & pause..

Enjoy & happy dancing

Contact: [permanaayu@yahoo.com](mailto:permanaayu@yahoo.com)

Last Update: 22 Aug 2024