

Wake Up

Count: 48

Wand: 4

Ebene: Phrased Improver

Choreograf/in: mBah Wir (INA) & Mega Lienatha Lie (INA) - August 2024

Musik: Wake Up - Imagine Dragons



Sequence of dance: A-B-A-A-B-A-A(16)-A-TAG-A-A

Start dance on vocal

PART A (32 COUNTS)

AS1: ((WALK, WALK, SAMBA CROSS) RIGHT, LEFT)

- 1-2 Walk forward on R (1), Walk forward on L (2)
- 3&4 Cross R over L (3), Rock L to side (&), Recover on R (4)
- 5-6 Walk forward on L (5), Walk forward on R (6)
- 7&8 Cross L over R (7), Rock R to side (&), Recover on L (8)

AS2: KICK BALL TOUCH, KICK BALL TOUCH, ANCHOR STEP

- 1&2 Kick R forward (1), Step on ball of R next to L (&), Touch L outside L (2)
- 3&4 Kick L forward (3), Step on ball of L next to R (&), Touch R outside R (2)
- 5&6 Step R back (5), Step L in place (&), Step R in place (6)
- 7&8 Step L back (7), Step R in place (&), Step L in place (8)

AS3: CROSS OVER, TURN ¼ RIGHT, SIDE MAMBO, ((FORWARD LOCK SHUFFLE) LEFT, RIGHT)

- 1-2 Cross R over L (1), Make ¼ right turn step L back (2)
- 3&4 Rock R to side (3), Recover on L (&), Step R next to L (4)
- 5&6 Step L forward (5), Lock R behind L (&), Step L forward (6),
- 7&8 Step R forward (7), Lock L behind R (&), Step R forward (8)

AS4: FORWARD MAMBO, WALK, WALK, BACKWARD MAMBO, WALK, TOUCH

- 1&2 Rock L forward (1), Recover on R (&), Step L back (2)
- 3-4 Walk backward on R (5), L(6)
- 5&6 Rock R back (5), Recover on L (&), Step R forward (6)
- 7-8 Walk forward on L (7), Touch R outside right (8)

PART B (16 COUNTS)

BS1 : PIVOT ¾ LEFT, JAZZ BOX

- 1-2 Step RF Fwd (1), Turn ½ L weight on LF (2)
- 3-4 Step RF Fwd (3), Turn ¼ L weight on LF (4)
- 5-6 Cross RF over LF (5), Step LF Back (6)
- 7-8 Step RF to R (7), Step LF Fwd (8)

BS2 : GRAPEVINE WITH BRUSH

- 1-2 Step RF to R (1), Cross LF behind RF (2)
- 3-4 Step RF to R (3), Brush LF next to RF (4)
- 5-6 Step LF to L (5), Cross RF behind LF (6)
- 7-8 Turn 1/4 L Step LF Fwd (7), Brush RF next to LF (8)

Begin again

TAG (4 Counts)

V STEP

- 1-2 Step RF diagonal R (1), Step LF diagonal L (2)
- 3-4 Step RF back to center (3), Step LF back to center (4)

For more questions about this dance please contact us at: jsdc2009@gmail.com .or.
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