

Country Up

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Sydney Dumke (USA) - August 2024

Musik: Country Up - Jimmy Charles



****2 Restarts - 1 Tag**

[1-8] Right Sailor, Left Sailor, Rock Right, Shuffle 1/2 turn

1&2 Sailor Right
3&4 Sailor Left
5-6 Right foot forward rock, Shuffle 1/2 turn over right shoulder
7-8 Rock Left, recover

[9-16] Right Rock, Shuffle 1/2 turn, 1/4 turn body roll, body roll

1&2 Rock left foot, recover right
3&4 Shuffle 1/2 turn over Left Shoulder
5-6 1/4 turn over left shoulder with a body roll,
7-8 body roll with right foot back shift weight to the left leg

1-2 Step right foot to right side, step Left foot behind
3-4 Step right foot to right side, tap left
5-6 Rolling vine left
7-8 Rolling vine left (full turn) tap right

[25-32] hop back with hip roll, hop back with hip roll, paddle full turn

1-2 hop back left, right while rolling hips
3-4 hop back left right while rolling hips
5-6-7-8 full paddle turn over Left shoulder

Restarts on wall 3 and 6 after first 10 count (2nd shuffle 1/2 turn)

Tag wall 4 after paddle turn with a hip roll then full turn

Last Update - 9 Aug. 2024 - R1
