Blame It on the Boogie for Everyone (seated)

COPPERKNOB

Count: 64 Wand: 4 Ebene: Seated

Choreograf/in: Helen Parkyn (UK) - August 2024

Musik: Blame It On the Boogie - The Jacksons



32 count intro

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1 – 4 PUSH RIGHT HAND FORWARD (SHOULDER HEIGHT, PALMS FACING FRONT), PULL

BACK, PUSH LEFT HAND FORWARD, PULL BACK

5 – 8 PUSH RIGHT HAND FORWARD (5), SWEEP IT ROUND TO THE BACK OVER 3 BEATS

SECTION 2

1 – 4 PUSH LEFT HAND FORWARD (SHOULDER HEIGHT, PALMS FACING FORWARD), PULL

BACK, PUSH RIGHT HAND FORWARD, PULL BACK

5 – 8 PUSH LEFT HAND FORWARD (5), AND SWEEP IT ROUND TO THE BACK OVER 3

BEATS.

***** RESTART HERE WALL 4 *****

SECTION 3

1 – 4 PUSH RIGHT HAND OUT TO SIDE (SHOULDER HEIGHT, PALM FACING OUT), PULL

BACK, PUSH LEFT HAND OUT TO SIDE, PULL BACK

5 – 8 PUSH RIGHT HAND OUT TO SIDE AND PULL BACK TWICE (LEFT HAND RESTING IN

LAP)

SECTION 4

1 – 4 PUSH LEFT HAND OUT TO SIDE (SHOULDER HEIGHT, PALM FACING OUT), PULL

BACK, PUSH RIGHT HAND OUT TO SIDE, PULL BACK

5 – 8 PUSH LEFT HAND OUT TO SIDE AND PULL BACK TWICE (RIGHT HAND RESTING IN

LAP)

SECTION 5

1 – 4 SMALL SWEEP RIGHT HAND FROM LAP UP TO SHOULDER HEIGHT WITH PALM

FACING UP, HOLD, SMALL SWEEP LEFT HAND UP TO SHOULDER HEIGHT WITH

PALM FACING UP, HOLD

5 – 8 SWEEP RIGHT HAND IN BIG CIRCLE FROM LAP LEFT TO RIGHT (OVER THE HEAD)

OVER 4 COUNTS

SCETION 6

1 – 4 SMALL SWEEP LEFT HAND FROM LAP UP TO SHOULDER HEIGHT WITH PALM

FACING UP, HOLD, SMALL SWEEP RIGHT HAND UP TO SHOULDER HEIGHT WITH

PALM FACING UP, HOLD

5 – 8 SWEEP LEFT HAND IN BIG CIRCLE FROM LAP RIGHT TO LEFT (OVER HEAD) OVER 4

COUNTS

REPEAT SECTIONS 5 AND 6

BEGIN AGAIN ***** RESTART ON WALL 4 AFTER 16 COUNTS *****