Oompa Loompa Feelings

COPPER KNOE

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Amanda Rizzello (FR) & Florian ARBELOT (FR) - August 2024 Musik: Bad Feeling (Oompa Loompa) - Jagwar Twin

Intro: 16 counts NO TAG - NO RESTART

S1-SWIVEL ST	EP BACK X	2 RL- COASTE	RCROS	S SWEEP	- CROSS (OVER-SIDE	BACK	SWEEP	-
BEHIND SIDE	¼ TURN								
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- 12 Step back on R as you open L toe to L (1) Step back on L as you open R Toe to R (2)
- 3&4 Step back on R (3) Close L Next to R (&) Cross R Over L Sweeping L From back to front (4)
- 5&6 Cross L Over R (5) Step R To R Side (&) Cross L Behind R Sweeping R From Front to Back (6)
- 7&8 Cross R Behind L (7) Step L To L (&) ¼ turn L Stepping Forward on R (8) [09:00]

S2- ROCK FORWARD – STEP BACK X3 LRL – ROCK BACK – ¾ TURN JUMPS

- 12 Rock Forward on L (1) Recover on R (2)
- 3&4 Step Back on L (3) Step Back on R (&) Step Back on L (4)
- 56 Rock Back On R (5) Recover on L (6)
- 7&8 ¹/₄ turn L Jumping LR Together (7) ¹/₄ Turn L Jumping LR Together (&) ¹/₄ Turn L Jumping LR Together (8) [12:00]

Easy Option: After Rock back (56) make a pivot ½ turn L Stepping back on R (7) ¼ turn L Stepping L to L Side (8)

S3- HEEL GRIND – BALL CROSS & COLLECT – STEP FORWARD LR – CHASSE 1/2 TURN – 1/8 TURN BALL POINT

- 12 Touch Heel R over L (1) Grind R heel (2)
- &3&4Ball: Step R to R Side (&) Cross L Over R (3) Step R to R Side (&) Collect L Next to R on L
Diagonal (4) [10:30]
- 56 Step Forward R (5) Step Forward L (6)
- 7&8 1/4 turn L stepping R to R Side (7) Close L Next R (&) 1/4 turn L Stepping
- &1 1/8 Turn L Stepping L To L (&) Point R to R Side (1) [03:00]

S4- CROSS SAMBA - CROSS - SLIDE - 1/4 SLIDE

- 2&3 Cross R Over L (2) Rock L to L side (&) Recover on R (3)
- 4 Cross L Over R (4)
- 56 Slide R to R Side Dragging L Next to R (5) ¼ Turn L Making Slide L to L and Dragging R Next to L (6) [12:00]
- 78 ¹⁄₄ Turn L Making Slide R To R Side and Dragging L Next To R (7) ¹⁄₄ Turn L Making Slide L to L and Dragging R Next to L (6) [06:00]

S5- SWIVELS WITH ARMS – KICK BALL POINT – CROSS SIDE BACK

- 12 Stomp R To R Side opening both arms at right angles (90°) at shoulders height and pivot the forearms downwards (1) Swivels: toes out heels in make pivot the forearms upwards (2)
- 3&4 swivels: toes in heels out make pivot the forearms downwards (3) Swivels: toes out Heels in make pivot forearms upwards (&) swivels: toes in heels out make pivot forearms downwards (4)
- 5&6 kick Forward on L (5) Cross L Over R (&) Point R to R Side (6)
- 7&8 Cross R Over L (7) Step L To L (&) Big Step Back on R (8)

NOTE: move to the right during swivels

S6- SWIVELS WITH ARMS - KICK BALL POINT - CROSS SIDE BACK

12 Stomp L To L Side opening both arms at right angles (90°) at shoulders height and pivot the forearms downwards (1) Swivels: toes out heels in – make pivot the forearms upwards (2)



3&4	swivels: toes in heels out – make pivot the forearms downwards (3) Swivels: toes out Heels in – make pivot forearms upwards (&) swivels: toes in heels out – make pivot forearms downwards (4)							
5&6	kick Forward on R (5) Cross R Over L (&) Point L to L Side (6)							
7&8	Cross L Over R (7) Step R To R (&) Big Step Back on L (8)							
NOTE: move to the left during swivels								
S7- ROCK BA PUSH	ACK- ½ TURN RECOVER - BALL STEP- TWIST STEP- BALL CROSS- ¼ TURN - MAMBO							
12	Rock Back on R (1) Recover on L making ½ Turn R (2)							
&3&4	Ball: Close R Next to L (&) Step Back on L (3) Twist Heels to R (&) Comeback Center (Weight on L) (4)							
&56	Ball: Close R Next to L (&) Cross L Over R (5) ¼ Turn R Stepping Forward on R (6) [03:00]							
7&8	Rock Mambo Forward on L (7) Recover on L (&) Close L Next To R pushing back (8)							
S8- STEP ½ TURN – ¼ CHASS- BALL SIDE ROCK – BALL STEP TWIST STEP								
12	Step Forward on R (1) ½ turn L Stepping Forward on L (2) [09:00]							
3&4	1/8 Turn L stepping R to R Side (3) Close L Next to R (&) 1/8 Turn L Stepping R To R Side (4) [06:00]							
&56	Ball: Close L Next to R (&) Side rock R To R Side (5) Recover on L (6)							
&7&8	Ball: Close R Next to L (&) Step L to L Side (7) Twist Heel on L (&) Comeback Center (weight on L) (8)							
Keep smiling!								

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