Bite My Tongue

Count: 32

Ebene: Improver

Choreograf/in: Garrett Boyd (USA) - August 2024

Musik: Not My Fault - Reneé Rapp & Megan Thee Stallion

Intro: 16 Counts

[1 – 8] STEP HITCH, STEP BACK, STEP TOUCH (X2)

- 1.2 Step L forward, hitch R knee forward
- 3, 4 Step R back, touch L foot next to R foot
- 5,6 Step L out and forward, touch R foot next to L foot
- 7,8 Step R out and forward, touch L foot next to R foot

[9 – 16] FULL TURN OVER L SHOULDER TOWARDS BACK, WALK FORWARD (X3), ¼ KICK

- 1 2 Step L foot back turning ¹/₂ to the L (6:00), step R foot across turning ¹/₄ to the L (3:00)
- 3 4 Step L foot toward 12:00, touch R foot next to L foot (12:00)
- 5,6 Step R forward, step L forward
- Step R forward, kick L foot out to L while turning 1/4 turn to face 9:00 7,8

Hands: Swing arms across body to the right (5), left (6), right (7), left (8). On wall 5, throw hands in the air on count 8 when the background singers say "Amen!"

[17 – 24] ROCK BACK RECOVER, SHUFFLE, ROCK FRONT RECOVER, COASTER

- Rock back L, recover onto R 1 - 2
- 3&4 Shuffle front stepping L-R-L
- 5 6 Rock front R, recover onto L
- Step R back, step L to meet R, step R forward 7 & 8

[25 – 32] SLIDE, BALL STEP, WALK, CHUG (X2)

- 1 2 Step L foot back and drag R heel keeping weight on L
- & 3, 4 Step R next to L, step forward on L, step R forward
- Step L forward, Step R forward 5,6
- 7,8 Transfer weight to L popping R knee, transfer weight to R popping L knee

Restarts

Wall 6 and 10 restart modification: Complete first 16 counts then restart. Rather stepping forward on 1, step back on 1 then hitch.

Wall 9 restart: Complete first 24 counts then restart

Last Update: 7 Oct 2024





Wand: 4