

Oh Bella

Count: 32

Wand: 4

Ebene: Improver

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Musik: MAITRE GIMS BELLA - DJ MAST MIX



NO TAG NO RESTART

START INTRO DANCE AFTER 32 COUNT

#part A. SWAY 2X , CHASSE , SWAY 2X , CHASSE

123&4 Sway R – L , step RF to side right – step next LF beside RF – step RF to side right

567&8 Sway L – R , step LF to side left – step next RF beside LF – step LF to side left

#part B. MAMBO R – L , PIVOT TWICE

1&234 Step RF forward – recover on LF – step RF back - step LF back - recover on RF - Step LF forward

5678 Step RF forward - ½ L step LF in place – step RF forward - ½ L step LF in place

#part C.

REPEAT PART A.....

#part D.

1234 ¼ L step L to side right with roll hip to R – recover on LF , ¼ L step L to side right with roll hip to R – recover on LF

5678 ¼ L step L to side right with roll hip to R – recover on LF , ¼ L step L to side right with roll hip to R – recover on LF

MAIN DANCE

S1. Whisk Right – left , Side , Together , Shuffle forward ,

1a2 Step RF to side right – ball LF behind RF – cross RF over LF

3a4 Step LF to side left – ball RF behind LF – cross LF over RF

56 step Rf to side right – close LF beside right

7&8 Step RF forward – step next LF beside RF – step RF forward

S2. Whisk Right – left , Side , Together , Shuffle forward ,

1a2 Step LF to side left – ball RF behind LF – cross LF over RF

3a4 Step RF to side right – ball LF behind RF – cross RF over LF

56 step Lf to side left – close RF beside left

7&8 Step LF forward – step next RF beside LF – step LF forward

S3. DIAMOND ¼ R , SIDE ROCK – RECOVER , CROSS SHUFFLE

1&2 Cross RF over LF – ¼ R step LF to side left – step RF back

3&4 step LF back – ¼ R step RF to side right – step LF forward

56 Rock RF to side right – recover on LF

7&8 Cross RF over LF – ball LF to side left – cross RF over LF

S4. MAMBO L - R , PIVOT RIGHT , FLICK , SHUFFLE

1&2 rock LF forward – recover on R – step LF back

3&4 Rock RF back – recover on LF – step RF forward

56 Step LF forward - ½ R step on RF forward with flick

7&8 Step LF forward – step next RF beside LF – Step LF forward

