

# Knock and Ring

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Karen Dawson (NZ) - July 2024

Musik: I'm Gonna Knock on Your Door - Eddie Hodges



## RIGHT SAILOR STEP, LEFT SAILOR STEP

- 1 & 2            Cross right behind left, step left to side, step right to side  
3 & 4            Cross left behind right, step right to side, step left to side

## TWO SHUFFLES FORWARD

- 5 & 6            Step forward right, close left foot beside right, step forward right.  
7 & 8            Step forward left, close right foot beside left, step forward left.

## JAZZ BOX ¼ TURN RIGHT, JAZZ BOX

- 1 – 4            Cross right over left, step left back, turn ¼ right and step right to side, step left foot beside right.  
5 – 8            Cross right over left, step back on left foot, step right and place left foot next to right.

## FORWARD ROCK, RECOVER, SHUFFLE BACK RIGHT

- 1 – 2            Rock forward right, recover on left,  
3 & 4            Shuffle back right, left, right.

## BACK ROCK, RECOVER, SHUFFLE FORWARD LEFT

- 5 – 6            Rock back on left, recover on right  
7 & 8            Shuffle forward left, right, left.

## CROSS POINT LEFT, CROSS POINT RIGHT

- 1 – 2            Cross Right over Left and point Left toe to side.  
3 – 4            Cross Left over Right and point Right toe to side.

## RIGHT JAZZ BOX

- 5 – 8            Cross right over left, step back on left, step right to the side, step left to the side keeping the weight on it ready to start the dance again.

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