The Lion Dance AB



Count: 32 Wand: 4 Ebene: Absolute Beginner

Choreograf/in: Shanthie De Mel (AUS) - July 2024

Musik: The Lion Sleeps Tonight - The Tokens



Intro: Begin dance from the words "A-Wim-O-Weh". No Tags or Restarts. Right Rotation. Do your own styling with a swinging motion of hips.

NOTE. The music ends after the 10th rotation facing 6:00. To finish dance facing 12:00, at the last rotation, do counts 29-32 swaying hips at 12:00 instead of the ¾ paddles.

(1-8) TOE STRUT FORWARD x4.

1, 2	Step forward on R toe. Step R heel down.
3, 4	Step forward on L toe. Step L heel down.
5, 6	Step forward on R toe. Step R heel down.
7, 8	Step forward on L toe. Step L heel down. (12.00)

(9-16) VINE RIGHT WITH SCUFF. ROCKING CHAIR.

1	2	Step R to right side. Cross L behind R	?

3, 4 Step R to right side. Scuff L

5, 6 Rock L forward. Recover R in place.

7, 8 Rock L back. Recover R in place. (12:00)

(17-24) VINE LEFT WITH SCUFF. ROCKING CHAIR.

1. 2	Step L to left side. Cross R behind L.
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3, 4 Step L to left side. Scuff R.

5, 6 Rock R forward. Recover L in place.

7, 8 Rock R back. Recover L in place. (12:00)

(25-32) 3 PADDLES TURNING 3/4 LEFT WITH HIP SWAYS.

1, 2	Step R forward with hip sway. Turn 1/4 left on L. (9:00).
3, 4	Step R forward with hip sway. Turn 1/4 left on L. (6:00).
5, 6	Step R forward with hip sway. Turn 1/4 left on L. (3:00).
7, 8	Sway to right side in place. Sway to left side in place. (3:00)

Optional: On paddles with hip sway, swing right arm above lariat style.

Begin rotation again. Happy dancing!