

Bangkit

Count: 32

Wand: 4

Ebene: Improver

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Musik: Ya Lla - Novia Bachmid



Intro 16 counts

S1. WALK FORWARD, FORWARD MAMBO, ANCHOR STEP, ¼ TURN R

- 1,2 Step RF forward, step LF forward
- 3&4 Rock RF forward, recover on LF, step RF back
- 5&6 Rock LF back, recover on RF, step LF in place
- 7,8 ½ turn R step RF forward, ¼ turn R step LF to L

S2. SAILOR STEP, BEHIND-SIDE-CROSS, HIP SWAY

- 1&2 Cross RF behind LF, step LF to L, step RF in place
- 3&4 Cross LF behind RF, step RF to R, cross LF over RF
- 5,6 Step RF to R with hip sway to R- L
- 7&8 Hip sway to R - L - R

S3. SAILOR ¼ TURN L, LOCK SHUFFLE FORWARD, FORWARD ROCK, TOGETHER, FORWARD MAMBO

- 1&2 Cross LF behind RF, ¼ turn L close RF next to LF, step LF forward
- 3&4 Step RF forward, lock LF behind RF, step RF forward
- 5,6& Rock LF forward, recover on LF, step LF beside RF
- 7&8 Rock RF forward, recover on LF, step RF back

S4. COASTER STEP, BRUSH, ¼ TURN R STEP SIDE, CROSS MAMBO, CROSS, ½ TURN L

- 1&2 Step LF back, close RF next to LF, step LF forward
- 3,4 Brush RF forward, ¼ turn R step RF to R
- 5&6 Rock LF over RF, recover on LF, step LF beside RF
- 7,8 Cross RF over LF, ½ turn L weight on LF

Restart on Wall 10 after 18 counts

Have Fun...