

Joy

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Kris Lonquist (USA) - July 2024

Musik: Joy - Andy Grammer



In the music, some sections are more subdued, others build with excitement. Dance each section to match!!

Start after 16 beats

(1-8) Walk, Walk, Triple Step, Cross, Back, Back, Step Pivot

- 1-2 Walk forward R and L
- 3 & 4 Step forward R, shift weight to L lifting R, shift weight to R
- 5 & 6 Cross L over R, back R, back L
- 7-8 Step R, Pivot turn L to face 6:00

(9-16) ¼ turn L into Syncopated weave, Rock right, Syncopated weave left with ¼ turn to the front

- 1 ¼ turn L Step right
- 2&3 Cross L behind R, step R, L cross in front of R
- 4-5 Rock side on R, Recover on L
- 6& Cross R behind, step L turning ¼ turn L back to 12:00
- 7-8 Walk forward R and L

(17-24) Heel, Heel, Step 1/4 turn hip swivel, Heel Jack Left, Step Right, Cross step Left

- 1&2& Heel tap R, heel tap L
- 3-4 Step R, do a ¼ turn to 9:00 swiveling your right hip around, shift weight to L
- 5&6 Cross R over L, step L and tap R heel out,
- 7-8 Step on R, Cross L over R

(25-32) Rock Right, Step Left, Cross Right, Rock Left, Step Right, Cross Left, ½ Pivot, ½ Pivot

- 1&2 Rock R to the right, step L to the right, Cross R over L
- 3&4 Rock L to the left, step R to the left, Cross L over R
- 5-6 Step R forward Pivot ½ turn
- 7-8 Step R forward Pivot ½ turn

Tag - after the 8th wall, facing 12:00

(1-2) Step R, Step L in Place (1 time)

Last Update: 17 Jul 2024