

# La Cintura (Remix)

**COPPER** **KNOB**  
BYEPOSTETS

Count: 32

Wand: 4

Ebene: High Improver

Choreograf/in: Sawaludin (INA), Agus Harianto (INA) & Yanti SR (INA) - July 2024

Musik: La Cintura (feat. Flo Rida & TINI) (Remix) - Álvaro Soler



Intro : 16 C

**\*\*2 TAGS - 1 RESTART**

## SEC I : CORTA JACA, BOTAFOGO, CORTA JACA, BOTAFOGO

1&2& Rock R heel forward (1), recover on L (&), rock R toe back (2), recover on L (&)  
3 a 4 Cross R over L (3), Rock L to side (a), recover on R (4)  
5&6& Rock L heel forward (5), recover on R (&), rock L toe back (6), recover on R (&)  
7 a 8 Cross L over R (7), Rock R to side (a), recover on L (8) (12.00)

## SEC II : CROSS, HOLD, SIDE, CROSS SHUFFLE, ¾ L VOLTA TURN

1-2& Cross R over L (1), hold (2), step L to side (&)  
3&4 Cross R over L (3), step L to side (&), Cross R over L (4)  
5a6a Step L forward (5), lock R behind L (a), ¼ turn Left step L forward (6), lock R behind L (a)  
7a8 ¼ turn Left step L forward (7), lock R behind L (a), ¼ turn Left step L forward (8) (03.00)

**\*Restart here on wall 2**

## SEC III : OPEN BOX, SAMBA WHISK (R-L)

1&2 Cross R over L (1), step L to side (&), cross R behind L with sweep L to back (2)  
3&4 Cross L behind R (3), step R to side (&), cross L over R (4)  
5a6 Step R to side (5), Rock Cross L behind R (a), recover on R (6)  
7a8 Step L to side (7), Rock Cross R behind L (a), recover on L (8)

## SEC IV : ROLLING VINE, CLOSE, SIDE SAMBA WALKS (R-L), CLOSE, POPPING CHEST

1&2 ¼ turn Right step R forward (1), ½ turn Right step L back (&), ¼ turn Right step R to side (2) (03.00)  
3a4 Step L next to R (3), Rock R to side (a), recover on L (4)  
5a6 Step R next to L (5), Rock L to side (a), recover on R (6)  
7&8& Step L next to R with popping chest out (7), popping chest in (a), popping chest out (8), popping chest in (a)

**\*Restart on wall 2 after 16 C**

**Tag : 4 counts after wall 4 & 6**

## SIDE, ROLLING HIP CCW

1 - 4 Step R to side (1), rolling hip counter clock wise 3 counts, weight on L (2-4)

**Enjoy The Dance !**

For more info, please contact :

[sawaludin070397@gmail.com](mailto:sawaludin070397@gmail.com)

[agusharianto060873@gmail.com](mailto:agusharianto060873@gmail.com)

[yantisrirochmulyati1970@gmail.com](mailto:yantisrirochmulyati1970@gmail.com)

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