

My Cappuccino (我的卡布奇诺)

COPPER KNOB
BY STEPHEN METZ

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Heru Tian (INA) - June 2024

Musik: Cappuccino - Elva Hsiao



*1 Tag, 2 Restarts

***Tag 4C at End of Wall 10 facing 12.00

V Step

1234 Step RF fwd to R Diagonal (1), Step LF fwd to L Diagonal (2), Step RF Bwd to Centre (3), Step LF Next to RF (4)

***Restart on Wall 1 & 5 after 16C facing 6.00

Section 1 : Dorothy Step, Diagonal Heel Tap, Ball, Cross, Side, Cross Rock, 5/8R Triple Steps

1 2& Step RF fwd to R Diagonal (1), Lock LF behind RF (2), Step RF fwd to R Diagonal (&)

3&4& Tap LF Heel to L Diagonal (3), Ball LF Next to RF (&), Cross RF over LF (4), Step LF to L Side (&)

5 6 Rock RF cross over LF (5), Recover on LF (6)

7&8 3/8R, Step RF fwd (7) (3.00), 1/8R, Step LF Next to RF (&) (4.30) , 1/8R, Step RF fwd (8) (6.00)

Section 2 : Rock Fwd/Shoulder Roll, Back&Touch, Back&Touch, Anchor Step, Out-Out-In-Cross

1 2 Rock LF fwd, Roll your left shoulder front to back (1), Recover on RF (2)

&3&4 Step LF back, slightly Diagonal (&), Touch RF next to LF (3), Step RF back, Slightly Diagonal (&), Touch LF Next to RF (4)

5&6 Step LF back, Hitch RF (5), Step RF in place (&), Step LF in place, Hitch RF (6)

7&8& Step RF fwd to R Diagonal (7), Step LF fwd to L Diagonal (&), Step RF to centre (8), Cross LF over RF (&)

***Restart Here on Wall 1 & 5 facing 6.00

Section 3 : Diagonal Fwd/Body Roll, Recover/Hitch, Behind, 1/4L Fwd, Fwd, Fwd Touch, Heel Swivel, Kick, Back, Back, 1/4L Side

1 2 Rock RF fwd to R Diagonal, Start Body Roll (1), Recover on LF, finish Body Roll, Hitch RF (2)

3&4 Step RF behind LF (3), 1/4L, Step LF fwd (&), Step RF fwd (4) (3.00)

5&6& Touch LF Fwd (5), Swivel LF heel to Left (&), Return LF heel (6), Kick LF fwd (&)

7 Step LF back with long step, Drag RF towards LF (7)

8& Step RF back (8), 1/4L, Step LF to L Side (&) (12.00)

Section 4 : Cross Rock, Ball, Extended Syncopated Weave,

Cross, 1/4L Back, 1/4L Sailor Cross

1 2& Rock RF cross over LF (1), Recover on LF (2), Ball RF next to LF (&)

3&4& Cross LF over RF (3), Step RF to R Side (&), Cross LF behind RF (4), Step RF to R Side (&)

5 6 Cross LF over RF (5), 1/4L, Step RF Back, Sweep LF to Back (6) (9.00)

7&8 1/8L, Step LF back (7), 1/8L, Step RF to R Side (&), Cross LF over RF (8) (6.00)

Start again...

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