

Asereje LA

Count: 44

Wand: 1

Ebene: High Beginner

Choreograf/in: Lalita Atikandhari (INA) - September 2023

Musik: Aserejé (The Ketchup Song) - Las Ketchup



A : 32 counts
B : 12 counts
Tag : 8 counts

****2 Tags After wall 1 & wall 6**
***Restart after wall 5 A(12 counts)**

SEQUENCE : A(32), TAG(8), B(12), B(12), B(14), A(12), A(32), TAG(8), B(12), B(12), B(14), A(32), B(12), B(12), B(12), B(12), B(12), POSE ENDING

Intro : 16 counts
Start on Vocal

PART A:32c

S1. *V STEP - JAZZ BOX*

1-2 Step R diagonal forward to right, Step L diagonal forward to left
3-4 Step R back to center, Close L together
5-6 Cross R over L, Step L back
7-8 Step R to side, Close L together

S2. *(CHASSE - CLOSE TOUCH)RLRL*

1-&-2-& Step R to side, Close L together, Step R to side, Close touch L beside R
3-&-4-& Step L to side, Close R together, Step L to side, Close touch R beside L
5-&-6-& Step R to side, Close L together, Step R to side, Close touch L beside R
7-&-8-& Step L to side, Close R together, Step L to side, Close touch R beside L

S3. *PADDLE TURN TO LEFT WITH HIP ROLL *

1-&-2-& ¼ Turn left step R to side with hip roll (09.00), Step L in place, ⅛ Turn left step R to side with hip roll (07.30), Step L in place
3-&-4-& ⅛ Turn left step R to side with hip roll (06.00), Step L in place, ⅛ Turn left step R to side with hip roll (04.30.), Step L in place
5-&-6-& ⅛ Turn left step R to side with hip roll (03.00), Step L in place, ⅛ Turn left step R to side with hip roll (01.30), Step L in place
7-&-8 ⅛ Turn left step R to side with hip roll (12.00), Step L in place, Close R together

S4. *PADDLE TURN TO RIGHT WITH HIP BUMP *

1-&-2-& ¼ Turn right step L to side with bump hip to left (03.00), Step R in place with bump hip to right, ⅛ Turn right step L to side with bump hip to left (04.30), Step R in place with bump hip to right
3-&-4-& ⅛ Turn right step L to side with bump hip to left (06.00), Step R in place with bump hip to right, ⅛ Turn right step L to side with bump hip to left (07.30), Step R in place with bump hip to right
5-&-6-& ⅛ Turn right step L to side with bump hip to left (09.00), Step R in place with bump hip to right, ⅛ Turn right step L to side with bump hip to left (10.30), Step R in place with bump hip to right
7-&-8 ⅛ Turn right step L to side with bump hip to left (12.00), Step R in place with bump hip to right, Close L together

TAG 8 counts after wall 1 & 6

SIDE RL - STEP INPLACE RLRL - HIP ROLL

- 1-2 Step R to side with raise right hand, Step L to side with raise left hand
3-4 Step R in place with move right hand to side head, Step L in place with move left hand to side head
5-6 Step R in place with move right hand to R hip, Step L in place with move left hand to L hip
7-8 Roll hip full from left to left again

PART B (Reff) 12c

HIP BUMP RLR LRL RLR LRL WITH MOVE HANDS CROSS ON HIP - HIP BUMP RLR LRL RLR LRL WITH MOVE HAND SIDE EAR - BEND MOVE KNEES IN OUT WITH MOVE HANDS FROM BOTTOM TO TOP

- 1a&-2a& Step R to side with bump hip to right, bump hip to left, bump hip to right (with move hands cross R hip) ,Step L to side with bump hip to left, bump hip to right, bump hip to left (with move hands cross L hip)
3a&-4a& Step R in place with bump hip to right, bump hip to left, bump hip to right (with move hands cross R hip), Step L in place with bump hip to left, bump hip to right, bump hip to left (with move hands cross L hip)
5a&-6a& Step R in place with bump hip to right, bump hip to left, bump hip to right (with move hands side R ear), Step in place with bump hip to left, bump hip to right, bump hip to left (with move hands side L ear)
7a&-8a& Step R in place with bump hip to right, bump hip to left, bump hip to right (with move hands side R ear), Step L in place with bump hip to left, bump hip to right, bump hip to left (with move hands side L ear)
9a&10a&a Move knees in, knees out, knees in, knees out , knees in, knees out, knees in, knees out (with shake your hands to side from bottom to top)
11a&12a&a Move knees in, knees out, knees in, knees out , knees in, knees out, knees in, knees out (with place R hand in front of your forehead, L hand behind your head)

Thank You ☐
Happy Dancing
