

# Raise Your Hands (Händer Upp)

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Easy Improver

Choreograf/in: Kim Liebsch (DK) - June 2024

Musik: Händer upp - Carola



**Intro: 16 counts (appr. 11 sec)**

**Start with weight on L foot**

**Extras (styling): On wall 3-5-8-10-12, on the first 4 counts, when she sings händer upp- Raise your Hands twice (\*)**

## **Section 1 Cross point X 2 (\*raise hands on wall:3-5-8-10-12) rock recover, shuffle back**

- 1-2 Cross R over L, point L to L side 12:00
- 3-4 Cross L over R, point R to R side 12:00
- 5-6 Rock fw. on R, recover on L 12:00
- 7&8 Step back on R, step L next to R, step back on R 12:00

## **Section 2 Back rock, shuffle fw. step ½ turn, shuffle ½ turn**

- 1-2 Rock back on L, recover on R 12:00
- 3&4 Step fw. on L, step R next to L, step fw. on L 12:00
- 5-6 Step fw. on R, make ½ turn L stepping fw. on L 6:00
- 7&8 Make ½ turn L stepping back on R, step L next to R, step back on R 12:00

## **Section 3 Step back with knee pop X 2, back rock, step ¼ turn, cross shuffle**

- 1-2 Step back on L, while popping R knee, step back on R while popping L knee 12:00
- 3-4 Rock back on L, recover on R 12:00
- 5-6 Step fw. on L, make ¼ turn R stepping R to R side 3:00
- 7&8 Cross L over R, step R to R side, cross L over R 3:00

## **Section 4 Step side hold, ball side touch, ¼ turn step, ¼ turn touch**

- 1-2 Step R to R side, hold 3:00
- &3-4 Ball step L next to R, step R to R side, touch L beside R 3:00
- 5-6 Make ¼ turn L stepping fw. on L, step fw. on R 12:00
- 7-8 Make ¼ turn L, stepping L to L side, touch R beside L 9:00

**Good Luck & N'joy!**

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