

# Lay Me Down

Count: 16

Wand: 4

Ebene: High Beginner - Rolling 8

Choreograf/in: Mike Liadouze (FR) - June 2024

Musik: Lay Me Down - Steven Rodriguez



Introduction: 8 counts

**[1-8] CROSS, RUN AROUND ½ R, ROCK FWD, RUN BACK, ROCK BACK, RECOVER SWEEP, TWINKLE x2**

1 Cross LF over RF  
2&a ¼ turn R... Step RF forward, ⅛ turn R... Step LF forward, ⅛ turn R... Step RF forward (6:00)  
3 Rock step LF forward  
4&a Step RF back, Step LF back, Step RF back  
5-6 Rock step LF back, Recover on RF forward sweeping LF forward  
7&a Cross LF forward RF, Step RF side, Step LF diagonally forward L  
8&a Cross RF forward LF, Step LF side, Step RF diagonally forward R

**Restart here on 2nd wall (6:00) and on 6th wall (12:00)**

**[9-16] (CROSS ROCK, STEP SIDE) x2, ¼ L STEP SIDE, TOUCH, STEP SIDE, TWINKLE x2**

1-2a Cross rock LF over RF, Recover on RF behind LF, Step LF side  
3-4a Cross rock RF over LF, Recover on LF behind RF, Step RF side  
5a6 ¼ turn R... Step LF side, Touch RF together, Step RF side (9:00)  
7&a Cross LF forward RF, Step RF side, Step LF diagonally forward L  
8&a Cross RF forward LF, Step LF side, Step RF diagonally forward R

**TAG: after 9th wall (3:00) : STEP TURN ¼ R**

1-2 Cross LF over RF, ¼ turn R... Step RF side (6:00)

Last Update: 8 Jul 2024