

Dream Work

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Mary Pentangelo (USA) - May 2024

Musik: I Had Some Help (feat. Morgan Wallen) - Post Malone



Intro is 32 counts – Starts with right foot, weight on left

[1-8] Rocking Chair, Stomp, Hold, Behind-Side-Cross

- 1-4 RF rock forward, recover on LF, RF rock back, recover on LF
- 5-6 RF stomp to the side, hold count 6
- 7-8 LF step behind right, RF step to the side, LF cross in front of right.

[9-16] Rock Recover, Sailor Step, Tap Hip bump L and R

- 1-2 RF rock to the side, recover left with a ¼ turn to the right
- 3-4 RF sailor step (end towards next wall)
- 5-6 LF tap with hip bump, LF replace next to right
- 7-8 RF tap with hip bump, RF taps next to left

RESTART 16 counts into Wall 4 (but you will be facing Wall 5)

[17-24] Lindy Right, Lindy Left

- 1-4 RF side cha-cha, LF rock back, recover on right
- 5-6 LF side cha-chas, RF rock back, recover on left

[25-32] Rock Recover Switch, Knee Pops Back

- 1-2 RF rock forward, recover on left
- & quick switch (replace) for left foot
- 3-4 LF rock forward, recover on right
- & 5 LF steps back, pop right knee
- & 6 RF steps back, pop left knee
- & 7 LF steps back, pop right knee
- & 8 RF steps back, pop right knee
- & 1 – to restart next wall, quick switch giddy up to start with right foot

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