

# One Night a Week

**COPPER** KNOB  
STEPPERS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Georgie Mygrant (USA) - May 2024

Musik: Changed Everything - Austin Burke



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**Intro: 32 counts**

## Rocking Chair 2x's

1-8 Step R fwd. Step back on L, Step R back, Return Fwd. to L, Repeat once more

## Turning K Step

1-4 Step R fwd. diagonal, touch L to R, Step back on L turning ¼ R, touch R to L

5-8 Step R diagonal, Touch L to R, Step L back diagonal, Touch R to L

## Vine R/L

1-8 Step R to R side, Step L behind R, Step to R, touch L to R, Step L to L side, Step R behind L, Step to L, Touch R to L

## Rock Step R/L

1-4 Rock R to R side, Step on L, Step R to L and hold.

5-8 Rock L to L side, Step on R, Step L to R and hold

**That's it! I hope you like it. Nice and easy for all beginners.**

**All I ask is that you please do not alter routine without my permission. Thank you so much.**

**If you have any questions, please contact me and I will answer you. [mygeo@adamswells.com](mailto:mygeo@adamswells.com) or [mygrantg@gmail.com](mailto:mygrantg@gmail.com)**

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