Pa Mu



Count: 96 Wand: 2 Ebene: Phrased Intermediate

Choreograf/in: Detty Dee (INA) - May 2024

Musik: Pa Mu - Flora Gashi & Bujar Mustafa



SEQUENCE: ABCC-TAG-ABC-AB

TAG 4 COUNT AFTER WALL 4 (FACING 12:00)

NO RESTART

Start dance on vocal, approximately on 00:22

PART A: 32 COUNTS

S1 FORWARD MAMBO - BACK MAMBO - SIDE TOUCH WITH HIP ROLL RL

1&2 Step R forward, step L in place, step R backward3&4 Step L backward, step R in place, close L together

5-6 Touch R to side with hip rolled clockwise, close R together

7-8 Touch L to side with hip rolled counter clockwise, close L together

S2 MODIFIED PADDLE TURN - CLOSE - PAS DE BOURRE RL

1-2 1/4 Turn left step R to side with hip rolled from back to front (09:00), 1/8 turn left step R to

side with hip rolled from back to front (07:30),

3-4 1/8 Turn left step R to side with hip rolled from back to front (06:00), close R together

Cross R behind L, step L to side, step R to sideCross L behind R, step R to side, step L to side

S3 FORWARD MAMBO - BACK MAMBO - SIDE TOUCH WITH HIP ROLL RL

1&2 Step R forward, step L in place, step R backward3&4 Step L backward, step R in place, close L together

5-6 Touch R to side with hip rolled clockwise, close R together

7-8 Touch L to side with hip rolled counter clockwise, close L together

S4 MODIFIED PADDLE TURN - CLOSE - PAS DE BOURRE RL

1-2 1/4 Turn left step R to side with hip rolled from back to front (03:00), 1/8 turn left step R to

side with hip rolled from back to front (01:30),

3-4 1/8 Turn left step R to side with hip rolled from back to front (12:00), close R together

Cross R behind L, step L to side, step R to sideCross L behind R, step R to side, step L to side

PART B: 32 COUNTS

S1 (SYNCOPATED WEAVE - BOTAFOGO) RL

1&2& Cross R over L, Step L to side, Cross R behind L, Step L to side

3&4 Cross R over L, Ball L to side, Step R in place

5&6& Cross L over R, Step R to side, Cross L behind R, Step R to side

7&8 Cross L over R, Ball R to side, Step L in place

S2 FORWARD LOCKED SHUFFLE RL - MODIFIED PADDLE TURN WITH SHIMMY

1&2 Step R forward, cross L behind R, step R forward3&4 Step L forward, cross R behind L, step L forward

5-6 1/4 Turn left step R to side with shimmy (09:00), 1/8 turn left step R to side with shimmy

(07:30)

7-8 1/8 Turn left step R to side with shimmy (06:00), close R together

S3 (SYNCOPATED WEAVE - BOTAFOGO) RL

1&2&	Cross R over I	sten I to side	cross R behind L.	sten I to side
IXZX	CIUSS IN OVEL L.	SIED L IU SIUE.	CIUSS IN DEITHIU L.	SIED L IO SIGE

3&4 Cross R over L, ball L to side, step R in place

5&6& Cross L over R, step R to side, cross L behind R, step R to side

7&8 Cross L over R, ball R to side, step L in place

S4 FORWARD LOCKED SHUFFLE RL - MODIFIED PADDLE TURN WITH SHIMMY

1&2	Step R forward, cross L behind R, step R forward
3&4	Step L forward, cross R behind L, step L forward

5-6 1/4 Turn left step R to side with shimmy (03:00), 1/8 turn left step R to side with shimmy

(01:30)

7-8 1/8 Turn left step R to side with shimmy (12:00), close R together

PART C: 32 COUNTS

S1 MODIFIED RUMBA BOX - ½ TURN LEFT PIVOT - FORWARD LOCKED SHUFFLE

1&2&	Sten R to side	step L together	step R forward.	close touch L	together
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3&4 Step L to side, step R together, step L forward
5-6 Step R forward, ½ turn left recover on L (06:00)
7&8 Step R forward, cross L behind R, step R forward

S2 MODIFIED RUMBA BOX - 1/2 TURN RIGHT PIVOT - FORWARD LOCKED SHUFFLE

1&2&	Step L to side.	step R together.	step L forward.	close touch R together

3&4 Step R to side, step L together, step R forward
5-6 Step L forward, ½ turn right recover on R (12:00)
7&8 Step L forward, cross R behind L, step L forward

S3 MODIFIED ROCKING CHAIR - 1/4 TURN LEFT MODIFIED ROCKING CHAIR 3X

	1&2& Ste	p R forward, recover	on L, step R backward	, recover on L
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3&4&
¼ Turn left Step R forward (09:00), recover on L, step R backward, recover on L
5&6&
¼ Turn left Step R forward (06:00), recover on L, step R backward, recover on L
¼ Turn left Step R forward (03:00), recover on L, step R backward, recover on L

S4 1/4 TURN LEFT SIDE SMALL JUMP - CLOSE TOUCH - SIDE SMALL JUMP - CLOSE TOUCH - FORWARD - SPIRAL - CLOSE

1-2	<u>2</u>	/4	l urn	left	smal	l jump	R to	side	(12:00),	close to	ouch L	toget	her witl	h bent	knees
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3-4 Small jump L to side, close touch R together with bent knees

5-6 Step R forward, ½ turn right step L back (06:00)

7-8 ½ Turn right step R forward (12:00), Close L together

TAG 4 COUNT AFTER WALL 4 (FACING 12:00) TOUCH FORWARD WITH HAND MOVEMENTS

1-2 Touch R forward while right hand raised straight diagonally upwards to right, left hand raised

straight diagonally upwards to left

3-4 Both hands closed together above head, the closed hands lowered down in front of the chest

ENJOY THE DANCE

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