

I Had Some Help

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Pat Lamanna (USA) - May 2024

Musik: I Had Some Help (feat. Morgan Wallen) - Post Malone



Start on Lyrics

Ball-Heel-Ball-Cross, Modified Jazz Box, Cross Shuffle, ¼ Shuffle Turning L

- & Hop diagonally back onto ball of R foot
- 1 Tap L heel forward
- & Step L heel down in original position
- 2 Cross R over L
- 3 Step L back
- 4 Step R to R side
- 5 & 6 Cross Shuffle LRL (facing 12h, traveling towards 3h wall)
- 7 & 8 Shuffle backwards RLR turning ¼ counterclockwise to 9h (still traveling towards 3h wall)

¼ Step L, Drag R, Ball-Cross, Side Step, Weave, Heel Grind ¼ R, Step Back L

- 1 Big Step L turning ¼ counterclockwise to face 6h (stepping L further out towards 3h wall)
- 2 Drag R foot towards L
- & Step down onto R ball
- 3 Cross L over R
- 4 Step R to R side (still facing 6h, now traveling towards 9h wall)
- 5 & 6 L behind, R side, L cross
- 7 Step R to R side and heel grind ¼ clockwise (now facing 9h)
- 8 Recover back onto L

TAG here on wall 4. On the 7th count of the previous set (count 15 of dance) turn ½ instead of ¼ and then restart the dance. Wall 4 starts facing 6h, and with this modified turn, the restart will also be facing 6h, keeping this as a 2 wall dance.

Step Back R, Pony Step Back, Step Back R, Rock Back L, Recover R, ½ Turn, ¼ Turn

- 1 Step back R
- 2 & 3 Pony step back LRL
- 4 Step back onto R
- 5 Rock back onto L (optional: turn upper body counterclockwise ¼ to face 6h)
- 6 Recover forward onto R (if optional turn on ct 5 done: turn upper body clockwise ¼ to face 9h)
- 7 Step L back turning ½ clockwise (traveling towards 9h wall, facing 3h wall at end of this step)
- 8 Step R side turning ¼ clockwise (R foot ends closer to 9h wall than L foot, end facing 6h)

Press-Ball-Change, Cross Rock & Recover, 4x Diagonal Jumps Back (this entire 8 counts faces 6h)

- 1 Cross Rock L over R foot
- 2 Recover onto R foot
- & Step L to L side
- 3 Cross Rock R over L foot
- 4 Recover onto L foot
- 5 Jump diagonally back onto R foot, touching L next to R
- 6 Jump diagonally back onto L foot, touching R next to L
- 7 Jump diagonally back onto R foot, touching L next to R
- 8 Jump diagonally back onto L foot, touching R next to L

& Hop diagonally back on to ball of R foot (this is the first step of the dance, rewritten here to show the transition)

Enjoy!

Last Update: 12 May 2024
