

Uptown Sway

Count: 96

Wand: 1

Ebene:

Choreograf/in: La'Wana - April 2024

Musik: Uptown Sway - La'Wana



Start after the 32 count instrumental

This dance has 3 sections, each section is 32 counts.

It is a one wall dance that is completed three times.

You will start the dance a 4th time with part 3 only (without the turns on the sways)

PART 1

Do the Jamie Fox (counts 1-16)

- 1-4 Touch R foot forward, Touch R foot to the side, Shuffle in place RLR
- 5-8 Touch L foot forward, Touch L foot to the side, Shuffle in place LRL
- 9-16 Repeat 1-8
- 17-20 Step R forward, pivot $\frac{1}{4}$ L as you snap your fingers, Step R-L as you turn $\frac{1}{4}$ L
- 21-24 Repeat 17-20
- 25-28 Stomp R to the side, Touch L beside R, Stomp L to the side, Touch R beside L
- 29-32 Repeat 25-28

PART 2

- 1-8 Body Roll to the R for 8 counts (alternative: hip sways)
- 9-16 Body Roll to the L for 8 counts (alternative: hip sways)
- 17-20 Kick R, Touch R beside L, Tap R beside L twice
- 21-24 Step R, Pivot $\frac{1}{8}$ to the L, Step R, Pivot $\frac{1}{8}$ to the L
- 24-32 Repeat 17-24

PART 3

- 1-8 Shuffle forward RLR, LRL, Step Back RLRL
- 9-12 Sway to the R—Step R to the side (sway body), hold on even count
- Sway to the L—Transfer weight to the L (sway body), hold on even count**
- 13-16 Repeat 9-12
- 17-24 Shuffle forward RLR, LRL, Step Back RLRL
- 25-28 Sway to the R—Step R to the side (sway body), hold on even count
- Sway to the L—Transfer weight to the L as you turn $\frac{1}{4}$ L, hold on even count**
- 29-32 Sway to the R as you transfer weight to R foot, turning $\frac{1}{4}$ to the L to
- Face the front hold on even count (starting position),**
- Sway to the L—Transfer weight to the L foot**

Repeat Part 1, 2 and 3 three times.

The song ends with a repeat of the chorus.

Complete Part 3 counts 1-16 twice (no turn on the second set of sways)

Enjoy

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