

# Praise (on the Mountain)

**COPPER** **KNOB**  
STEP SHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Jennifer Jones (USA) & John Robinson (USA) - April 2024

Musik: Praise (Radio Version) - Elevation Worship



MUSIC AVAILABLE ON : iTunes and Amazon.com

Begin dance on lyrics

## Section 1: SIDE, BEHIND, STEP, HEEL, BALL, CROSS, SIDE, BEHIND, STEP, HEEL, BALL CROSS

1, 2 R step right (1), L step behind R (2)  
&3&4 R step down (&), L heel fwd. (3), L step down (&), R cross over L, (4)  
5, 6 L step left (5), R step behind L (6)  
&7&8 L step down (&), R heel fwd. (7), R step down (&), L cross over R (8) (12:00)

## Section 2: SIDE, BEHIND, SHUFFLE ¼ TURN, STEP ½ PIVOT, SHUFFLE FWD.

1, 2 R step R (1), L step behind R (2)  
3&4 turn ¼ right (&), R step fwd. (3), L step together (&), R step fwd. (4) (3:00)  
5, 6 L step fwd. (5), ½ pivot right (6) (9:00)  
7&8 L step fwd. (7), R step together (&), L step fwd. (8) (9:00)

**RESTART: WALL 9 ( you will turn and be facing 3:00 when you restart)**

## Section 3: ROCKING CHAIR, JAZZ BOX

1, 2 R rock fwd. (1), Recover L (2)  
3, 4 R rock back (3), Recover L (4)  
5, 6 Cross R over L (5), L step back (6)  
7, 8 R step right (7), L close beside R (8) (9:00)

**RESTART: WALL 10 (you will be facing 12:00 when you restart)**

## Section 4: STEP FORWARD, STEP TOGETHER, HEEL BOUNCE, STEP BACK, STEP TOGETHER, HEEL BOUNCE

1, 2 R step fwd.(1), L close next to R (2)  
&3&4 Raise heels up (&), heels down (3), Raise heels up (&), heels down (4)  
5, 6 L step back (5), R close next to L (6)  
&7&8 Raise heels up(&), heels down (7), Raise heels up (&), heels down (8) (9:00)

**TAGS: REPEAT SECTION 4 ON WALL 3 (6:00) AND WALL 7 (9:00)**

To end on the front wall: you will be facing 3:00 for section 4, on count 5 step back with a ¼ turn left  
Then finish counts 6,&7,&8 facing 12:00

Have fun with this dance and wonderful song !

Thank you, John, for collaborating with me after midnight, in a bar, rolling into the parking lot, after an awesome night of dancing while on your northeast mini tour in South Hadley Ma. Your tips, and instructions are priceless, I have learned a great deal from you. Thank you. ☐

This step sheet cannot be altered without written permission.

Contact: [jenjones2018dance@gmail.com](mailto:jenjones2018dance@gmail.com) [mrshowcase@gmail.com](mailto:mrshowcase@gmail.com)