

Vacation

Count: 32

Wand: 4

Ebene: Absolute Beginner

Choreograf/in: Heidi Brenden (NOR), Dans & Moro (NOR) & Mona Falk (NOR) - March 2024

Musik: Vacation - Freddy Kalas



No Tags or restart

Start Facing L diagonal with weight on left foot to get into the skatesteps□

[1 - 8] SKATE R-L, R DIAGONAL SHUFFLE, SKATE L-R, L DIAGONAL SHUFFLE

- 1 2 Skate R to right diagonal [1]. Skate L to left diagonal [2] 12.00
3 & 4 Step R to right diagonal [3]. Step L next to R [&]. Step R to right diagonal [4] 12.00
5 6 Skate L to left diagonal [5]. Skate R to right diagonal [6] 12.00
7 & 8 Step L to left diagonal [7]. Step R next to L [&]. Step L to left diagonal [8] 12.00 (Optional handmovements: Zumba hands R, L, R x 2 and L, R, L x2)

[9-16]: Cross Rock, Side Rock, Jazzbox ¼ Right

- 1-4 Step RF in front of LF (1) Recover weight on LF(2) Step RF to right side(3) Recover weight on LF(4) (Alternativ; Cross rock, side rock x 2, then Jazzboks 1/4 R) 03:00
5-8 Step RF in front of LF(1) Step LF Back(2) Step RF ¼ turn right(3) Step LF beside RF(4)

[17-24]: Step Touch, Step Touch, Grapewine Right (or Rolling wine)

- 1-4 Step RF to right side(1) touch LF next to RF (2), Step LF to left side (3) touch RF next to LF.
5-8 Step RF to right side(5) Cross LF behind RF(6) Step RF to right side(7) Touch LF next to RF(8)

[25-32]: Step Touch, Step Touch, Grapewine Left (or Rolling wine)

- 1-4 Step LF to left side (1) Touch RF next to LF (2) Step RF to right side (3) Touch LF next to RF (4)
5-8 Step LF to left side (5) Cross RF behind LF (6) Step LF to left side (7) Touch RF next to LF (8)

Start again, have fun, make your own arm movements and variations□

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