

Get Lagenta

Count: 32

Wand: 4

Ebene: Improver

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Musik: Remix Wala Amri Get Lagenta by DJ Oped



Intro : 3c

Wall 1, tag

Wall 2

Wall 3 = 4 counts, restart

Wall 4 =16 c, tag & restart

Wall 5, tag

Wall 6

Wall 7 =16 c, tag & restart

Wall 8, tag

Wall 9

Wall 10 = 4 counts, restart

Wall 11= 16 counts, end

Section 1 - ROCK FORWARD, BACK TOUCH, VOLTA 3/4 TURN R

1&2& Rock Rf forward, recover on Lf, step Rf back, touch Lf beside Rf

3&4& Reverse 1&2&

5&6& 1/8 turn R step Rf forward, close Lf next to Rf, 1/4 turn R step Rf forward, close Lf next to Rf

7&8 1/4 turn R step Rf forward, close Lf next to Rf, 1/8 turn R step Rf forward

Section 2 - VAUDEVILLE WITH TOUCH, ROCKING CHAIR, TOE TOUCH

1&2& Cross Lf over Rf, step Lf to L slightly back, touch L toe diagonal forward, step Lf in place

3&4& Reverse 1&2&

5&6& Rock Lf forward recover on Rf, rock Lf back, recover on Rf

7&8 Touch L toe forward, step LF beside RF, touch R toe forward

Section 3 - WEAVE, CHASSE WITH HITCH TURN 1/2 L

1&2& Step Rf to R, Cross LF behind RF, Step Rf to R, Cross LF over RF

3&4& Step Rf to R, close Lf next to Rf, step Rf to R, 1/4 turn L hitch on Lf

5&6& Step Lf to L, close Rf next to Lf, step Lf to L, 1/4 turn L hitch on Rf

7&8& Step Rf to R, close Lf next to Rf, step Rf to R, hitch on Lf

Section 4 - LOCK SHUFFLE BACK, SIDE MAMBO CROSS , STEP TOUCH With Shimmy

1&2 Step Lf back, cross Rf over Lf, step Lf back

3&4 Step Rf back, cross Lf over Rf, step Rf back

5&6 Rock Lf to L, Recover on RF , Cross LF over RF

7&8& Step RF lto R with Shimmy Shymmy, Touch LF beside RF, Step Lf to L with Shimmy Shymmy, Touch RF beside LF