

Move The Body

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Chika Hapsari (INA) - March 2024

Musik: Mueve el Cuerpo - Rodolfo Guerra y su Sincopa Latina



Intro: 56 count

RESTART On Wall 4 After 16 Count, change steps (8 -Touch R next to L)

S1. FORWARD, CHECK, RECOVER, BACK LOCK SHUFFLE, BACK ROCK, RECOVER, FORWARD LOCK SHUFFLE

1-3 Step R forward - Rock L forward- Recover on R
4&5 Step L back - Cross R over L - Step L back
6-7 Rock R back - Recover on L
8&1 Step R forward - Cross L behind R - Step R forward (12:00)

S2. FORWARD, PIVOT TURN 1/2 RIGHT, FORWARD LOCK SHUFFLE, PIVOT TURN 1/2 RIGHT, FORWARD LOCK SHUFFLE

2-3 Step L forward - Turn 1/2 right step R in place
4&5 Step L forward - Cross R behind L - Step L forward (6:00)
6-7 Step R forward - Turn 1/2 left step L in place (12:00)
8&1 Step R forward - Cross L behind R - Step R forward

S3. SWAY L-R, TIME STEP, SWAY R-L, TIME STEP

2-3 Sway to L - Sway to R
4&5 Step L next to R - Step R in place - Step L to side
6-7 Sway to R - Sway to L
8&1 Step R next to L - Step L in place - Step R to side

S4. TIME STEP 2X, SWAY L-R, CLOSE

2&3 Step L next to R - Step R in place - Step L to side
4&5 Step R next to L - Step L in place - Step R to side
6-8 Sway to L - Sway to R - Close L next to R (change weight to L)

S5. FORWARD, PIVOT TURN 1/4 LEFT & FLICK, CROSS SHUFFLE, SIDE ROCK, RECOVER, GALLOP

1-2 Step R forward - Turn 1/4 left flick on R (9:00)
3&4 Cross R over L - Step L to side - Cross R over L
5-6 Rock L to side - Recover on R
7&8 Cross L behind R - Step R to side - Cross L over R

S6 CROSS OVER, POINT, CROSS BEHIND, POINT, JAZZBOX

1-4 Cross R over L - Touch L to side - Cross L behind R - Touch R to side
5-8 Cross R over L - Step L back - Step R to side - Cross R over L (9:00)

REPEAT

Enjoy The Dance...!

For more information please contact :
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