

Powerful Women

Count: 32

Wand: 4

Ebene: Absolute Beginner

Choreograf/in: Karianne Heimvik (NOR) - March 2024

Musik: Powerful Women - Pitbull & Dolly Parton



(1-8) right vine, left vine ¼ turn

1,2,3,4 step RF to the right, step LF behind RF, step RF to the right, touch LF next to RF
5,6,7,8 step LF to the left, step RF behind LF, left ¼ turn stepping LF fwd, touch RF next to LF

(9-16) right vine, left vine

1,2,3,4 step RF to the right, step LF behind RF, step RF to the right, touch LF next to RF
5,6,7,8 step LF to the left, step RF behind LF, step LF to the left, touch RF next to LF

(17-24) k-step

1,2,3,4 step RF fwd on right diagonal, touch LF next to RF, step LF back on left diagonal, touch RF next to LF
5,6,7,8 step RF back on right diagonal, touch LF next to RF, step LF fwd on left diagonal, touch RF next to LF

(25-32) RF point, LF point, RF point, LF point, heel switches, RF hook

1&2& point RF to the right, step RF next to LF, point LF to the left, step LF next to RF
3&4& point RF to the right, step RF next to LF, point LF to the left, step LF next to RF
5&6& touch RF heel fwd, step RF next to LF, touch LF heel fwd, step LF next to RF
7&8& touch RF heel fwd, hook RF heel over LF, touch RF heel fwd, touch RF next to LF

Start again! Smile and enjoy
