Count: 64
Wand: 2
Ebene: Intermediate
Choreograf/in: Chantal Brick (FR) - March 2024
Musik: Doctor (Work It Out) - Pharrell Williams \& Miley Cyrus

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Intro:4 counts
No tag, no restart
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[1-8] STEP TURN 1/2T, 1/4T CHASSE, CROSS, STEP, SAILOR 1/4T
$1-2,3 \& 4 \quad$ Step $R$ fwd, $1 / 2$ turn $L$, turn $1 / 4 L$ as you do shuffle $R$ to the $R(3: 00)$
5,6 Cross $L$ over $R$, step $R$ to $R$ side
$7 \& 8 \quad$ Turn $1 / 8 L$ as you cross $L F$ behind $R(1: 30), 1 / 8$ to the $L$ with RF to the $R$, step $L$ fdw (12 :00)
[9-16] STEP TURN $1 / 4$ T, KICK BALL STEP, $1 / 2$ CIRCLE WITH STEP STEP AND SHUFFLE
$1-2,3 \& 4 \quad$ Step $R$ fwd, $1 / 4$ turn $L$, kick $R$, step $R$ beside $L$, step $L$ fwd (9:00)
5-6 1/8 turn $L$ stepping $R$ fwd, $1 / 8$ turn $L$ stepping $L$ fwd
$7 \& 8 \quad$ Continue the $1 / 2$ turn $L$ with shuffle : step $R$ fwd, step $L$ beside R, step R fwd (3:00)
[17-24] STEP, CROSS BEHIND, STEP, HEEL, RECOVER, CROSS OVER, STEP, CROSS BEHIND, 1/4T STEP, STEP TURN 1/2T
1-2\& $\quad$ Step $L$ to the $L$, cross $R$ behind $L$, quickly step $L$ to $L$ side
3\&4 $\quad R$ Heel to $R$ diagonal, recover RF near LF, cross $L$ over $R$
5-6\& $\quad$ Step $R$ to the $R$, cross $L$ behind $R, 1 / 4$ turn $R$ with RF fwd (6:00)
7-8 Step $L$ fwd, $1 / 2$ turn $R(12: 00)$
[25-32] SIDE SHUFFLE, BACK ROCK, ROLLIN VINE
1\&2 Step $L$ to $L$ side, step $R$ beside $L$, step $L$ to $L$ side
3-4 Rock $R$ back, recover weight fwd onto $L$
5-8 $\quad 1 / 4$ turn $R$ stepping $R$ fwd, $1 / 2$ turn $R$ stepping $L$ back, $1 / 4$ turn $R$ stepping $R$ to $R$ side, touch $L$ beside R (12:00)
[33-40] KICK BALL POINT (2), CROSS BACK STEP CROSS BACK
1\&2 Kick $L$, step $L$ beside $R$, point $R$ to $R$ side
3\&4 Kick $R$, step $R$ beside $L$, point $L$ to $L$ side
5-6 Cross $L$ over $R$, step $R$ back
\&7-8 Step $L$ to $L$ side, cross $R$ over $L$, step $L$ back
[41-48] MONTEREY TURN $1 / 2$, POINT, $1 / 4 \mathrm{~T}, 3 / 4 \mathrm{~T}$, STEP, RECOVER
$1-2,3 \& 4 \quad$ Point $R F$ to $R, 1 / 2$ turn $R$ step $R$ beside $L$, point $L$ to $L$, step $L$ beside $R$, point $R$ to $R(6: 00)$
5-8 $\quad 1 / 4$ turn $R$ stepping $R$ fwd, $3 / 4$ turn recover $L$ beside $R$, step $R$ to $R$ side, recover $L$ beside $R$
[49-56] HEEL AND HEEL, STEP TURN 1/2t, 1/4T STEP TOUCH, 1/4T STEP TOUCH
1\&2\& Heel $R$ fwd, recover $R$ beside $L$, heel $L$ fwd, recover $L$ beside $R$
3-4
Step R fwd, $1 / 2$ turn $L$ (12:00)
5-6 $\quad 1 / 4$ turn $L$ stepping $R$ to $R$ side, touch $L$ beside $R$
7-8 $\quad 1 / 4$ turn $L$ stepping $L$ to $L$ side, touch $R$ beside $L$
[57-64] 1/4T STEP TOUCH, 1/4T STEP TOUCH, OUT OUT IN CROSS, ½ T RIGHT
1-2 $\quad 1 / 4$ turn $L$ stepping $R$ to $R$ side, touch $L$ beside $R$
3-4 $\quad 1 / 4$ turn $L$ stepping $L$ to $L$ side, touch $R$ beside $L$
\&5\&6 Step $R$ out to $R$ diagonal, step $L$ out to $L$ diagonal, step $R$ back to centre, cross $L$ over $R$
7-8 Unwind $1 / 2$ turn $R$ bouncing heels (6:00)
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