

Count: 80 Wand: 4 Ebene: Intermediate

Choreograf/in: Esther Axon (UK) - March 2024

Musik: For You - The Tumbling Paddies



#32 count intro

SECTION 1: L BALL STEP, R TOE TOUCH, R BALL STEP, L HEEL DIG, L BALL STEP, R KICK-BALL-CROSS, HEEL SWIVELS UP AND DOWN, L CROSS SHUFFLE

&1&2 Step on ball of L (&), touch R toe behind L (1), step on ball of R (&), dig L heel forward (2)

&3&4 Step on ball of L, kick R to right side, step R next to L, cross L over R

5&6 Lift both heels off floor (5), swivel heels out (&), place heels down and swivel heels in (6)

&7&8 Step R slightly to right, cross L over R, step R slightly to right, cross L over R

SECTION 2: R CHASSE, R CROSS SHUFFLE, L POINTS FRONT & SIDE, L 1/2 SAILOR

1&2 Step R to right side, step L next to R, step R to right side

&3&4 Step L beside R, cross R over L, step L to left side, cross R over L

5-6 Point L forward, point L to left side

7&8 Step L behind R, make ¼ turn left stepping R to side, make ¼ turn left stepping L slightly

forward

SECTION 3: R SCUFF-HITCH-STOMP, L SYNCOPATED ROCKING CHAIR, L SHUFFLE, R SHUFFLE

1&2 Scuff R forward, hitch R knee, stomp R forward

&3&4 Rock L forward, recover back on R, rock L forward, recover forward on R

To L diagonal: step L forward, step R next to L, step L forward
To R diagonal: step R forward, step L next to R, step R forward

SECTION 4: L CROSS STEP, R BACK STEP, L ¼ CHASSE, R CROSS ROCK, SIDE ROCK, R STEP, L ½ PIVOT

1-2 Cross L over R, step R back

3&4 Making ¼ turn left, step L to left side, step R next to L, step L to left side (3:00)

5&6& Rock R over L, recover on L, rock R to right side, recover on L

7-8 Step R forward, pivot ½ turn left (9:00)

SECTION 5: R SIDE ROCK, RECOVER, L WEAVE, L 1/4 TURN, R SIDE ROCK, RECOVER, L WEAVE

1-2 Rock R to right side, recover on L

3&4& Step R behind L, step L to left side, step R in front of L, step L to left side

5-6 Making ½ turn left, rock R to right side, recover on L (6:00)

7&8& Step R behind L, step L to left side, step R in front of L, step L to left side

SECTION 6: L ¼ TURN, R SIDE ROCK, RECOVER, L WEAVE WITH ¼ TURN, L ¼ PADDLE TURN, R SIDE STEP, STOMPS L&R

1-2 Making ¼ turn left, rock R to right side, recover on L (3:00)

3&4& Step R behind L, step L to left side, step R in front of L, step L forward, making ¼ turn L

(12:00)

5&6& Making 1/2 turn left, rock R to right side, recover L. Making 1/2 turn left, rock R right side, rock L

back. (9:00)

7&8 Step R to right side, stomp L, stomp R

SECTION 7: L DROP, R SCUFF, R STOMP, L FORWARD SHUFFLE, R STEP, L $\frac{1}{2}$ PIVOT, R STEP, TRIPLE FULL TURN LRL

1&2 Drop weight forward onto L, scuff R, stomp R
3&4 Step L forward, step R next to L, step L forward

5&6 Step R forward, pivot ½ turn left, step R forward (3:00)

7&8 Triple full turn right, stepping LRL (alternative: left forward shuffle)

SECTION 8: R ROCK, RECOVER, R ½ SHUFFLE, L ROCK, RECOVER, L ½ SHUFFLE

1-2 Rock R forward, recover L

3&4 ¼ turn right, step R to right side, step L next to R, ¼ turn right stepping R forward

5-6 Rock L forward, recover R

7&8 ¼ turn left, step L to left side, step R next to L, ¼ turn left stepping L forward

SECTION 9: L WEAVE WITH SYNCOPATED R HEEL TOUCH, R WEAVE WITH SYNCOPATED L HEEL TOUCH

1-2 Cross R over L, step L to left side

3&4 Step R behind L, step L together, step R heel to right diagonal
&5-6 Step R slightly to right side, cross L over R, step R to right
7&8 Step L behind R, step R together, step L heel to left diagonal

SECTION 10: L STEP, R STEP, L $\frac{1}{2}$ PIVOT, FULL TRIPLE TURN RLR, L BACK TOUCH, R BACK TOUCH, L BACK STEP, R COASTER

&1-2 Step L next to R, step R forward, ½ pivot left

3&4 Full triple turn in place, stepping RLR

&5&6 Step L slightly back, touch R next to L, step R slightly back, touch L next to R

&7&8 Step L slightly back, step R back, step L next to R, step R forward

TAG / RESTART

On Wall 3, replace counts 15 and 16 with L side rock, recover R then restart the dance

END OF DANCE

At the end of the dance, after the L cross shuffle, turn ¼ right stepping R to right side to face the front and scuff L forward

Last Update: 10 Mar 2024