We Were Made To Move



Count: 32 Wand: 4 Ebene: Absolute Beginner

Choreograf/in: Aurora de Jong (USA) - February 2024

Musik: Rhythm - Manic Drive



Dance starts after 32 counts

R step forward	. L hitch.	L step l	back. R	touch back.	R Charleston

1-2	Step R forward (1), hitch L knee (2)
3-4	Step L back (3), touch R back (4)

5-6 R Charleston: step R forward (5), kick L forward (6)

7-8 Step L back (7), touch R back (8)

Walk forward RL, diagonal step touch forward, diagonal step touch back 2x

1-2	Step R forward (1), step L forward (2	2)
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Step R forward to right diagonal (3), touch L to R (4)
Step L back to left diagonal (5), touch R to L (6)
Step R back to right diagonal (7), touch L to R (8)

L diagonal step touch back, diagonal step forward with hip bumps RL, right grapevine

1-2	Step L back to left diagonal (1), touch R to L ((2)

3-4 Step R diagonally to right into a R hip bump (3), hip bump L (4)

5-6 R grapevine: step R to right (5), step L behind R (6)

7-8 Step R to right (7), touch L to R (8)

L rocking chair (or 2 ½ pivots), left grapevine with ¼ left turn and scuff

1-2	L rocking chair: Rock L forward	(1	1), recover	to F	₹ ((2))
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3-4 Rock L back (3), recover to R (4)

5-6 L grapevine: step L to left (5), step R behind L (6)
7-8 Step L forward, making ¼ turn right (7), scuff R foot (8)

*more advanced dancers can do 2 ½ pivots for counts 1-4

TAG: 4-count tag after Wall 9

1-2 Step R forward (1), touch L toe to R heel (2)

3-4 Step L back (3), touch R toe to L (4)

Questions? aurora.dejong@gmail.com

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