Count: 32
Wand: 4
Ebene: Improver
Choreografin: Johnny Martinez (USA) - February 2024
Musik: Man! I Feel Like A Woman! (Real Hypha Remix) - Shania Twain


Intro: 8 counts - dance starts after Shania says "Let's go girls"
[1-8] Step right, L behind, switch left heel, right touch. Step right, L behind, switch left heel, right touch.
1-2 $\quad R$ foot steps to right on $1, L$ foot steps behind $R$ on 2.
\&3\&4 Weight switches back to $R$ foot on \&, $L$ heel kicks out to the left on 3. Hop back to $L$ foot on \& , bring $R$ toe touch back together on 4 .
5-6 $\quad R$ foot steps to right on $5, L$ foot steps behind $R$ on 6 .
\&7\&8 Weight switches back to $R$ foot on \& , $L$ heel kicks out to the left on 7. Hop back to $L$ foot on \& , bring $R$ toe touch back together on 8 .
[9-16] Syncopated pony steps backwards, L,R,L,R, bounce $1 / 2$ turn over $L$ shoulder drop, bounce $1 / 2$ turn over R shoulder drop.
\&1\&2\&3\&4 Weight shift to $R$ foot on \& $L$ toe touch on 1, Weight shift to $L$ foot on \& $R$ toe touch on 2, Weight shift to $R$ foot on \& $L$ toe touch on 3 , Weight shift to $L$ foot on $\& R$ toe touch on 4 .
$5,6,7,8 \quad$ Slight hop and $1 / 2$ turn on balls of feet over $L$ shoulder with hands going up and over on 5 , drop on 6 . Slight hop and $1 / 2$ turn on balls of feet over R shoulder with hands going up and over on 7 , drop on 8 .
[17-24] Wizard step on R, then Shuffle L, L heel, R heel, L toe, R touch.
1\&2 Wizard step forward on your $R$ foot (R,L,R)
3\&4 Shuffle step to the left (L,R,L)
\&5\&6 Weight transfer to $R$ foot on \&, $L$ heel forward on 5 . Weight transfers to $L$ foot on \& $R$ heel forward on 6.
\&7\&8 Step slightly forward on $R$ foot on \& $L$ toe touches behind Right heel on 7. Weight back to $L$ foot on \&, R toe touch back together on 8 .
[25-32] Walk 3/4 circle over $R$ shoulder, $R, L, R, L$ then shake it right, and shake it left.
1,2,3,4 $\quad 3 / 4$ circle walk over $R$ shoulder to 9 o'clock wall, R,L,R,L.
5\&6, 7\&8 Step out to $R$ and shake hips twice to $R$ on 5\&6, shake hips twice to $L$ on $7 \& 8$.
TAG: 16 count tag after walls 3 and 7, just before walls 4 and 8 (Both 3 o'clock wall).
[1-8] 360 turn: Step forward on R, hips $1 / 4$ roll L. Step forward on R, hips $1 / 4$ roll L. Step forward on R, hips $1 / 4$ roll L . Step forward on R, hips $1 / 4$ roll $L$.
1,2 Step forward on $R$ foot on 1, push hips back and roll around $1 / 4$ turn to the $L$ on 2 .
3,4 Step forward on $R$ foot on 3, push hips back and roll around $1 / 4$ turn to the $L$ on 4 .
$5,6 \quad$ Step forward on $R$ foot on 5, push hips back and roll around $1 / 4$ turn to the $L$ on 6 .
$7,8 \quad$ Step forward on $R$ foot on 7 , push hips back and roll around $1 / 4$ turn to the $L$ on 8 .
[9-16] V-step, R,L, back together, point $R$, point $L$, point $R, R$ hitch.
$1,2,3,4 \quad V$-step starting with $R$ foot, $R$ out, $L$ out, then back together.
$5 \& 6 \& 7,8 \quad$ Point $R$ on $5, R$ recover on \& , point $L$ on $6, L$ reciver on \&, point $R$ on 7 , hitch $R$ on 8 .
Last Update - 14 Feb. 2024-R1

