

You Are Enough (CBA4LDF)

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Willie Brown (SCO) - January 2024

Musik: You Are Enough - Citizen Soldier



Intro: 32 Counts. Start at approx. 16 secs.

SEC 1 CROSS, SCISSOR STEP, SIDE, SAILOR STEP, BEHIND, ½ UNWIND

- 1 Cross Right over Left
- 2&3 Step Left to Left side, close Right beside Left, cross Left over Right
- 4 Step Right to Right side
- 5&6 Cross Left behind Right, step Right to Right side, step Left to Left side
- 7-8 Touch Right toe behind Left, unwind ½ turn Right taking weight on Right (6:00)

SEC 2 CROSS, SCISSOR STEP, SIDE, WEAWE, SIDE, DRAG

- 1 Cross Left over Right
- 2&3 Step Right to Right side, close Left beside Right, cross Right over Left
- 4 Step Left to Left side
- 5&6 Cross Right behind Left, step Left to Left side, cross Right over Left
- 7-8 Big step to Left on Left, drag Right towards Left (no weight)

SEC 3 ROCK, RECOVER, STEP, ¼ PIVOT, STEP SWEEP, CROSS, SIDE

- 1-2 Rock back on Right, recover weight forward on Left
- 3-4 Step forward on Right, pivot ¼ Left taking weight on Left (3:00)
- 5-6 Cross Right over Left, sweep Left from back to front
- 7-8 Cross Left over Right, step Right to Right side

SEC 4 COASTER STEP, ½ PIVOT, SLOW WALK, SLOW WALK

- 1&2 Step back on Left, close Right beside Left, step forward on Left
- 3-4 Step forward on Right, pivot ½ Left taking weight on Left (9:00)
- 5-6 Step forward on Right, drag Left towards Right
- 7-8 Step forward on Left, drag Right towards Left

Option Sign language for counts 5-8 of SEC 4

- 5-6 Point Right index finger forward with hand in front of body around chest height
- 7 Flatten Right hand palm down parallel with chest pointing to Left
- 8 Raise towards chin touching it with the back of your hand

Tag At the end of Wall 9

¼ WALK, WALK

- 1-2 Turn ¼ left and step forward on Right, drag Left towards Right
- 3-4 Step forward on Left, drag Right towards Left