Dropped a Bomb on Me

Ebene: Beginner

Choreograf/in: Cathy Snow (USA) - January 2024

Musik: You Dropped A Bomb On Me - The Gap Band

Intro: 32 Counts

[1-8] LINDY R, LINDY L

Count: 32

- Shuffle R, L, R to R side 1&2
- 3-4 Rock back on L behind R, recover R
- 5&6 Shuffle L, R, L to left side
- 7-8 Rock back on R behind L, recover L

[9-16] K-STEP

- Step R forward to R diagonal, Touch L together. 1-2
- Step back L to diagonal L, Touch R together 3-4
- 5-6 Step R back to R diagonal, Touch L next to R
- 7-8 Step L forward, Touch R next to L (weight on L)

[17-24] TOE STRUTS R, L; RIGHT ROCKING CHAIR

- 1-2 Touch R toe forward, Drop R heel (take weight)
- 3-4 Touch L to forward, Drop L heel (take weight)
- 5-6 Rock forward on R foot, replace weight back on L foot
- 7-8 Rock back on R foot, replace weight back on L foot

[25-32] TOE STRUTS R, L; 1/8 HIP ROLL X 2

- Touch R toe forward, Drop R heel (take weight) 1-2
- 3-4 Touch L to forward, Drop L heel (take weight)
- 5-6 Step RF out R turn making 1/8 turn L turn rolling hips 5,6.
- 7-8 Repeat 5,6 finish with weight on L foot

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