I'm On Fire (CBA4LDF)



Count: 32 Wand: 4 Ebene: Improver Choreograf/in: Debbie Mabbs (UK) & Lorraine Monahan (UK) - January 2024

Musik: I'm On Fire (feat. London Community Gospel Choir) - Beverley Knight



Intro: 16 Counts. Start at approx 10 secs.

SEC 1 CHARLESTON STEP, STEP PIVOT ½ STEP, SHUFFLE TRIPLE ½ TURN

1-2	Swing right forward, Swing right back weight on right
3-4	Swing left back, Swing left forward weight on left
5-6	Step forward on right, Pivot ½ left on left (6:00)

7&8 Step ½ back on right, Step ½ left besides right, Step back on right (12:00)

Restart Here on Wall 4, switch weight to left then restart

SEC 2 LOCK STEP BACK, SAILOR 1/2, BOOGIE RUNS, ROCKING CHAIR

1&2	Step back on left, Lock right across left, Step back on left
3&4	Step ½ right behind left, Step left to left side, Step right in place (6:00)
5	Step forward on left (Let both knees bend and lean slightly to Left)
&	Step forward on right (Let both knees bend and lean slightly to Right)
6	Step forward on left (Let both knees bend and lean slightly to Left)
7&	Rock forward on right, Replace weight on left
8&	Rock back on right, Replace weight on left

SEC 3 K STEP, RUN ½, KICK CROSS, ROCK RECOVER

2&	Step back on left, Touch right next to left (Clap)
3&	Step back on right to back right diagonal, Touch left next to right (Clap)
4&	Step forward on left, Touch right next to left (Clap)
5&6	1/4 turn left step forward on right, 1/4 turn left step forward on left, step forward on right (12:00)

7&8& Kick left forward, Cross left across right, Rock out to the right side, Recover on left

Cross right across left. ¼ turn right step left back (3:00)

Step forward on right to right diagonal, Touch left next to right (Clap)

SEC 4 JAZZ BOX 1/4, MONTEREY 1/2, POINT OUT IN, HIP BUMP

	5. 5. 5. 5. 5. 5. 5. 5. 5. 5. 5. 5. 5. 5
3-4	Step right to right side, Cross left across right
5&	Touch right toe to right side, Make $\frac{1}{2}$ turn right by bringing right back to place and stepping onto it (9:00)
6&	Touch left toe out to left side, Step left next to right

7&8& Point right toe to right side, Touch right toe back in place, Right hip bump up, Right Hip Bump

down

Enjoy & Have Fun

1-2

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Last Update: 11 Feb 2024