

# Rock & Roll

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Lynne Martino (USA) - 19 January 2024

Musik: What Has Rock and Roll Ever Done for You (feat. Stevie Nicks) - Dolly Parton :  
(Album: Rockstar - iTunes)



## Start on Vocals

### [1-8] SAILOR STEP, ¼ SAILOR STEP, LOCK STEP

- 1&2 Step R behind L (1), step L next to R (&), step R forward (2),  
3&4 Making ¼ left, step L behind R (3), step R next to L (&), step L forward (4),  
5-8 Step R forward towards 1:00 (5), step L behind R (6), step R forward (7), touch L next to R (8). ( 9:00)

### [9-16] ROCKING CHAIR, ¼ ROCKING CHAIR

- 1-4 Rock L forward (1), recover on R (2), rock L back (3), recover on R (4),  
5-8 Making ⅛ turn right, rock L forward (5), recover on R (6), making ⅛ turn right rock L back (7), recover on R (8) (12:00)

### [17-24] 2 TOE STRUTS, JAZZ BOX

- 1-4 Touch L toes forward while bumping L hip left (1), bring L heel down (2), Touch R toes forward while bumping R hip right (3), bring down R heel

**(You will be moving slightly forward with these toe struts)**

- 5-8 Cross L over R (5), step R back (6), step L to left (7), touch R next to L (8)

### [25-32] CHASSE, ¼, CHASSE, TOUCHES

- 1&2 Step R to right (1), step L next to R (&), step R to right (2),  
3&4 Making ¼ turn right, step L to left (3), step R next to L (&), step L to left (4), (3:00)  
5,6&7&8 Touch R to right side (5) Hold (6), step R next to L (&), touch L to left side (7), step L next to R (&), touch R to right side (8)

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Facebook group page: Lynne's Dance Crew