

# Lil Bit

Count: 40

Wand: 2

Ebene: High Beginner

Choreograf/in: Sandie Witmer (USA) - January 2024

Musik: Lil Bit - Nelly & Florida Georgia Line



## Intro: 16 Counts

### Section 1: Step R Kick L, Step L Kick R, Pony R, Pony L

- 1-2 Step right to right side and kick left foot toward right foot
- 3-4 Step left to left side and kick right foot toward left foot
- 5&6 Prance right, left, right in place or slightly forward
- 7&8 Prance left, right, left in place or slightly forward

### Section 2: Walk Forward R-L, Shuffle Forward R-L-R, Rock Recover Forward L-R, Kick-Ball Left Touch Right

- 1-2 Step forward right and left
- 3&4 Shuffle forward right, left, right
- 5-6 Rock forward on left, recover back on right
- 7&8 Kick left foot forward, step on ball of left foot, and touch right toe in place

### Section 3: Shimmy Step Right, Stomp Left and Clap, Twist Feet Left, Right Twice

- 1-2 Step side right while shimmying to right, slide left foot next to right keeping weight on right foot
- 3-4 Stomp left foot in place, clap hands once;
- 5-6 Twist both heels right and left while twisting arms right and left (same direction as heels)
- 7-8 Repeat 5-6

### Section 4: Shimmy Step Left, Stomp Right and Clap, Twist Feet Left, Right Twice

- 1-2 Step side left while shimmying to left, slide right foot next to left keeping weight on left foot
- 3-4 Stomp right foot in place, clap hands once;
- 5-6 Twist both heels right and left while twisting arms right and left (same direction as heels)
- 7-8 Repeat 5-6

### Section 5: Rocking Chair, Pivot ½ Turn Left, Kick-Ball Change Right

- 1-2 Rock forward on right, recover backward on left
- 3-4 Rock backward on right, recover forward on left
- 5-6 Step forward on right, turn ½ left on left foot (weight ends on left foot)
- 7&8 Kick right foot forward, step on ball of right foot, and step on left foot

## End of Dance (EOD)

No tags, No restarts Dance in controlled continuous rhythm through any beat changes.

### Alternate Music:

“Without Me” by EMINEM Clean Version (Hip Hop)

“Crying Shame” by The Mavericks (Country)

“Louie Louie” by The Kingsmen (60’s)

“She’s A Fool” by Leslie Gore (60’s)

“Cry To Me” by Solomon Burke (60’s)

“Push It” by Salt & Pepa (Hip Hop)

“Levitating” by Dua Lia (Pop)

“Ex’s and Oh’s” by Elle King (Pop)

Thank You switmer57@gmail.com

YouTube - Dance Tribe Line Dancers

