

Hypnotic

Count: 32

Wand: 2

Ebene:

Choreograf/in: Amanda Pearce (USA) - December 2023

Musik: She's So Country (feat. Cap Bailey) - Lenny Cooper



Intro: 32 counts (starting on lyrics "she's so COUNTRY") 0 Tags / 0 Restarts

[1-8] HEEL JACK RIGHT & LEFT

- 1-2 Step right to right side (1), cross left behind right (2)
&3&4 Step right to right side (&), pop left heel forward (3), step left next to right (&), cross right in front of left (4)
5-6 Step left to left side, cross right behind left
&7&8 Step left to left side (&), pop right heel forward (7), step right next to left (&), step forward left (8)

[9-16] STEP, HOLD, SHUFFLE FORWARD, BODY ROLL, STEP BACK RIGHT & LEFT

- 1-2 Step forward right (1), hold (2)
3&4 Step forward left (3), quickly step right together (&) and step forward left (4)
5-6 Rock forward on right while doing a Body Roll (5) end with weight on Left leg (6)
7-8 Step back right (7), Step back left (8)

[17-24] ¼ MONTEREY TURN, ¼ MONTEREY TURN WITH A TOUCH

- 1-2 Point right to right side (1), make a ¼ turn over right shoulder bringing right in stepping down right next to left (2)
3-4 Point left to left side (3), step left next to right (4)
5-6 Point right to right side (5), make a ¼ turn over right shoulder bringing right in stepping down right next to left (6)
7-8 Point left to left side (7), TOUCH left next to right ending with weight on the right (8)

[25-32] KICK FORWARD, KICK SIDE, LEFT COASTER STEP, PIVOT ½ TURN X2

- 1-2 Kick left forward (1), Kick left to left side (2)
3&4 Step back left (3), step right next to left (&), step left forward (4)
5-6 Step forward right (5) and make a 1/2 over your left shoulder transferring weight to left (6)
7-8 Step forward right (7) and make a 1/2 over your left shoulder transferring weight to left (8)
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