

Trauma

Count: 32

Wand: 2

Ebene: Low Intermediate

Choreograf/in: Ryan (INA), Kiki (INA) & Ida Budiwati (INA) - December 2023

Musik: Trauma - Aan Story & Elsyia



Intro : 8 counts - 3 Tags - 1 Restart.

Section 1 - BASIC NC R, SIDE, BEHIND, SIDE, CROSS SWEEP, CROSS, SIDE, 1/8 L, COASTER STEP

- 1-2& Step R to side (1), cross L slightly behind R (2), cross R over L (&
3-4& Step L to side (3), cross R behind L (4), step L to side (&
5-6& Cross R over L and sweep L to front (5), cross L over R (6), step R to side (&
7-8& 1/8 turn Left step L back (7), step R back (8) step L next to R (&), (10.30)

*Restart here on wall 3

Section 2 - FORWARD, 1/2 R PIVOT, FORWARD, 1/2 L, 1/8 L, 1/4 L, RECOVER, PRESS, RECOVER, SWAY R-L, HITCH

- 1-2& Step R forward (1), Step L forward (2), 1/2 turn Right step R in place (&
3-4& Step L forward (3), 1/2 turn Left step R back (4), 1/8 turn Left step L to side (&
5&6& 1/4 turn Left rock R to side (5), recover on L (&), press R cross over L (6), recover on L (&
7&8 Step R to side and Sway to Right (7), sway to Left (&), Hitch L to Left side (weight on R) (06.00)

Section 3 - SIDE, BEHIND, SIDE, CROSS SWEEP, CROSS, SIDE, BEHIND SWEEP, 1/4 R COASTER STEP, PRESS, RECOVER

- 1-2& Step L to side (1), cross R behind L (2), step L to side (&
3-4& Cross R over L and sweep L to front (3), cross L over R (4), step R to side (&
5-6& Cross L behind R and sweep R to back (5), 1/4 turn Right step R back (6), step L next to R (&
7-8& Step R forward (7), press L forward (8), recover on R (&) (09.00)

Section 4 - BACK SWEEP (3X), BACK, RECOVER, 1/4 L BASIC NC R, BASIC NC L

- 1 - 3 Step L back and sweep R to back (1), step R back and sweep L to back (2), Step L back and sweep R to back (3)
4&5 Step R back (4), recover on L (&), 1/4 turn Left step step R side (5)
6&7 Cross L slightly behind R (6), cross R over L (&), step L to side (7)
8& Cross R slightly behind L (8), cross L over R (&) (06.00)

*Restart on Wall 3 after 8 counts

*** 3 TAGs : -

*Tag 1 (2 counts) after wall 1 :

SWAY R-L

- 1 - 2 Step R to side and sway to Right (1), sway to Left (2)

**Tag 2 (2 counts) on wall 4 after 16 counts :

BASIC NC L

- 1-2& Step L to side (1), Cross R slightly behind L (2), cross L over R (&)

***Tag 3 (4 counts) on wall 6 after 16 counts :

SIDE, HOLD (3C)

- 1 - 4 Step L to side (1), hold (2-4)

Enjoy The Dance !

