

# Only Need a Beat

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wand:** 4

**Ebene:** Absolute Beginner / Beginner

**Choreograf/in:** Helaine Norman (USA) - December 2023

**Musik:** Dance to the Music - Sly & The Family Stone



**Intro: 48 (vocal) No tags or restarts**

## **I. LOCK STEP WITH TOUCH; LOCK STEP WITH TOUCH**

1-4 Step R forward, lock L behind R, step R forward, touch L together  
5-8 Step L forward, lock R behind L, step L forward, touch R together

## **II. BACK DIAGONALLY, TOUCH X2; BUNNY HOPS BACK WITH CLAPS X2**

1-2 Step R back, touch L together  
3-4 Step L back, touch R together  
&5-6 Hop R back, step L together, hold with hand clap  
&7-8 Hop R back, step L together, hold with hand clap

## **III. LINDY, VINE 1/4 L-TURN, SCUFF**

1&2 Step R side, step L together, step R side  
3-4 Rock L behind R, recover to R  
5-8 Step L side, step R behind, step forward making 1/4 turn left (9:00), scuff R forward

## **IV. JAZZ BOX 1/4 R-TURN X2**

1-4 Step R over, step L back, step R side (12:00), step L together  
5-8 Repeat 1-4 ending at (3:00)

**REPEAT**

**Helaine43@gmail**

---