Händer upp / Hands up AB



Count: 32 Wand: 4 Ebene: Absolute Beginner

Choreograf/in: Åsa Lund (FIN) - October 2023

Musik: Händer upp - Carola



Sektion 1: Walk forward, point, walk back, touch

1-4 walk straight forward R L R, point L to left side5-8 walk straight back L R L, touch R beside L

Sektion 2: K-step

1-2	step R diagonally forward to right side, touch L next to R

3-4 step L diagonally back to left side (starting point), touch R next to L

5-6 Step R diagonally back to right side, touch L next to R

7-8 Step L diagonally forward to left side (starting point), touch R next to L

Sektion 3: Point, touch, step, touch x 2

1-2	point R to right side, touch R next to L
3-4	step to right side with R, touch L next to R
5-6	point L to left side, touch L next to R
7-8	step L with L foot, touch R next to L

Sektion 4: Montery with quarter turn right (wall 3:00), V-step with "hands up"

1-2	Point R to right side, draw R back and turn 1/4 to right (3:0	0)
1-2	I dilit it to right side, draw it back and turn 1/4 to right (5.0	U,

3-4 point L to left, step L beside R

5-6 step R diagonally forward to right side, step L diagonally forward to left side (*hands-up

movement)

7-8 step R back to starting point, Step L next to R.

Start again! No tags or restarts, just enjoy!

Last Update: 25 Jan 2024

^{*}option: hands-up movement during steps 5-6 in sektion 4