

Keep Going Up

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Penny Tan (MY) - December 2023

Musik: Keep Going Up - Timbaland, Nelly Furtado & Justin Timberlake



Intro 16C after heavy beat (on vocal "on")

*No tag No restart

SEC1: WALK FWD R-L , 1/4 TURN L SIDE ROCK, 1/4 TURN R RECOVER , TOGETHER , 1/4 TURN R , SIDE ROCK , 1/4 TURN L , RECOVER , TOGETHER , WALK BACK R-L

- 1-2 Walk fwd R , walk fwd L
- 3&4 1/4 turn L , rock RF to R , 1/4 turn R , recover on L , step RF next to LF
- 5&6 1/4 turn R , rock LF to L , 1/4 turn L , recover RF on R , step LF next to RF
- 7-8 Walk back R , walk back L

SEC2: VINE, L ROLLING VINE

- 1-2 Step RF to R, Step L behind RF
- 3-4 Step RF to R, point to L side
- 5-6 1/4 turn L step LF fwd (9:00), 1/2 turn L step RF backward(3:00)
- 7-8 1/4 turn L step LF to L side(12:00), touch RF beside LF

SEC3: SAILOR STEP , 1/4 TURN L SAILOR STEP , SKATE

- 1&2 Cross RF behind LF, step LF to L , step RF on R
- 3&4 1/4 turn L , sweep LF behind RF, step RF next to LF , step LF fwd
- 5-8 Skate fwd R-L-R-L

SEC4: 1/2 TURN R WALK , MAMBO , FWD SHUFFLE

- 1-4 Walk 1/2 turn R (R-L-R-L)
- 5&6 Rock RF to R , recover on L, step RF next to LF
- 7&8 Fwd shuffle L-R-L

Have fun and happy dancing!
